



Border Masters 21Km
23 February 2020

Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
1	1	1	35-39	420	Andile	Stuli	Male	Real Gijimas	01:14:00	-	03:31 min/km
2	2	2	35-39	266	Nkosinathi	Nzingo	Male	Nedbank Running Club East London	01:14:44	+00:44.059	03:33 min/km
3	3	3	35-39	316	Thulani	Sidziya	Male	Zwelonke AC	01:14:58	+00:57.963	03:34 min/km
4	1	4	Under 35	708	Xiniwe	Ntobeko	Male	Old Selbornian Road Runners	01:16:13	+02:13.347	03:37 min/km
5	2	5	Under 35	159	Sandile	Madlala	Male	Nedbank Running Club East London	01:17:49	+03:48.874	03:42 min/km
6	4	6	35-39	255	Ongeziwe	Noveve	Male	Adventists Athletics Club	01:18:29	+04:29.208	03:44 min/km
7	5	7	35-39	485	Peter	Chiwaya	Male	Oxford Striders	01:18:48	+04:48.844	03:45 min/km
8	3	8	Under 35	765	Xolisa	Ntombini	Male	SABc	01:20:09	+06:09.270	03:48 min/km
9	1	9	40-44	555	Sandile	Tsholoba	Male	Old Mutual AC	01:20:30	+06:30.808	03:50 min/km
10	4	10	Under 35	5165	Darren	Heathcote	Male	Born 2 Run AC Border	01:20:46	+06:45.956	03:50 min/km
11	6	11	35-39	456	Siyabonga	Lele	Male	Trendsetters	01:21:07	+07:07.206	03:51 min/km
12	2	12	40-44	507	Xolile	Mashicila	Male	Overtakers Sports Club	01:21:37	+07:37.252	03:53 min/km
13	5	13	Under 35	503	Thandalwethu	Nobatane	Male	Old Mutual AC	01:21:53	+07:53.717	03:53 min/km
14	7	14	35-39	795	Ntozini	Momwabisi	Male	R72 Smart Pacers AC	01:22:41	+08:41.541	03:56 min/km
15	1	15	50-54	738	Makaya	Masumpa	Male	Born 2 Run AC Border	01:23:14	+09:13.905	03:57 min/km
16	6	16	Under 35	126	Faizel	Kitching	Male	Buffalo Runners Athletics Club	01:23:24	+09:24.003	03:58 min/km
17	8	17	35-39	508	Lutho	Mahlangeni	Male	Overtakers Sports Club	01:23:32	+09:31.854	03:58 min/km
18	3	18	40-44	455	Vincent	Ntamo	Male	Trendsetters	01:24:51	+10:51.251	04:02 min/km
19	1	1	40-44	622	Hanlie	Botha	Female	Born 2 Run AC Border	01:24:55	+10:54.923	04:02 min/km
20	9	19	35-39	213	Nkululo	Mkhuzo	Male	Buffalo City Municipal AC	01:24:59	+10:59.412	04:02 min/km
21	1	20	55-59	739	Phillip	Quvana	Male	Born 2 Run AC Border	01:25:23	+11:23.383	04:03 min/km
22	7	21	Under 35	733	Nicholas	Andrews	Male	Old Selbornian Road Runners	01:25:26	+11:26.733	04:04 min/km
23	8	22	Under 35	650	Mzukisi	Sindiwe	Male	Nedbank Running Club	01:27:26	+13:26.201	04:09 min/km
24	2	23	55-59	702	Mzoli	Mpalala	Male	Old Mutual AC	01:27:53	+13:53.806	04:11 min/km
25	9	24	Under 35	648	Sabelo	Makhaye	Male	BRAC - KWT	01:27:57	+13:56.883	04:11 min/km
26	10	25	Under 35	8	Shemiso	Basopo	Male	Born 2 Run AC Border	01:27:57	+13:57.820	04:11 min/km
27	10	26	35-39	131	Komza	Komanisi	Male	Nedbank Running Club East London	01:28:10	+14:10.422	04:11 min/km
28	11	27	35-39	82	Owen	Frohbus	Male	None	01:28:13	+14:13.387	04:12 min/km
29	12	28	35-39	625	Mbongeni	Ngxatha	Male	Real Gijimas	01:28:20	+14:20.566	04:12 min/km
30	13	29	35-39	694	Mqcini	Gumbo	Male	Adventists Athletics Club	01:28:31	+14:31.573	04:12 min/km
31	4	30	40-44	198	Phikizile	Menjenjalo	Male	Old Mutual AC	01:28:43	+14:43.554	04:13 min/km
32	11	31	Under 35	360	Zukile	Tokwe	Male	Inyibiba Athletic Club	01:28:45	+14:45.215	04:13 min/km
33	1	32	45-49	493	Vusumzi	Mbila	Male	East London Pacers	01:28:52	+14:52.643	04:13 min/km
34	12	33	Under 35	427	Vukile	Vimbela	Male	OTHER	01:29:32	+15:32.449	04:15 min/km
35	14	34	35-39	421	Siphiwo	Bukani	Male	Real Gijimas	01:29:54	+15:54.568	04:16 min/km
36	13	35	Under 35	529	Thembelani	Spellman	Male	BRAC - KWT	01:29:55	+15:55.258	04:16 min/km
37	5	36	40-44	179	Dillon	Marcus	Male	MBSA	01:30:32	+16:32.140	04:18 min/km
38	2	37	50-54	496	Maxwell	Mnyamana	Male	Real Gijimas	01:30:49	+16:49.780	04:19 min/km
39	3	38	50-54	491	Liam	Victor	Male	Old Selbornian Road Runners	01:31:04	+17:03.893	04:20 min/km
40	6	39	40-44	96	Patrick	Gqotile	Male	Nedbank Running Club	01:31:19	+17:19.358	04:20 min/km
41	15	40	35-39	408	Samora	Mzalazala	Male	Old Mutual AC	01:31:43	+17:43.132	04:22 min/km
42	7	41	40-44	441	Mndeni	Zulu	Male	Oxford Striders	01:31:43	+17:43.134	04:22 min/km
43	16	42	35-39	5166	Senzo	Ndlovo	Male	Real Gijimas	01:32:22	+18:22.135	04:23 min/km
44	8	43	40-44	553	Mongezi	Barnes	Male	BRAC - KWT	01:32:33	+18:33.442	04:24 min/km
45	1	2	Under 35	755	Stephanie	Smith	Female	MASSMART	01:32:35	+18:35.501	04:24 min/km
46	17	44	35-39	605	Samkelo	Bangiso	Male	Real Gijimas	01:32:41	+18:41.438	04:24 min/km
47	14	45	Under 35	530	Siphethuxolo	Dinga	Male	Nedbank Running Club	01:32:48	+18:48.062	04:25 min/km
48	4	46	50-54	797	Nyangiwe	Sonwabo	Male	R72 Smart Pacers AC	01:32:48	+18:48.143	04:25 min/km
49	15	47	Under 35	611	Chumani	Mboto	Male	MBSA	01:32:57	+18:57.736	04:25 min/km
50	18	48	35-39	78	Shane	Forward	Male	Nedbank Running Club	01:33:12	+19:12.415	04:26 min/km
51	5	49	50-54	767	Andre	Van Wyk	Male	None	01:33:17	+19:17.587	04:26 min/km
52	2	50	45-49	633	Alie	Gcobo	Male	Buffalo City Municipal AC	01:33:28	+19:28.509	04:27 min/km
53	3	51	45-49	239	Vusumzi	Nelani	Male	Nedbank Running Club East London	01:33:38	+19:38.734	04:27 min/km
54	9	52	40-44	315	Mloe	Sibanda	Male	Real Gijimas	01:33:48	+19:48.117	04:27 min/km
55	16	53	Under 35	85	Xolisa	Gcaza	Male	Real Gijimas	01:34:09	+20:09.418	04:29 min/km
56	19	54	35-39	142	Kurt	Leibach	Male	Oxford Striders	01:34:16	+20:16.516	04:29 min/km
57	10	55	40-44	476	Shaun	Trappler	Male	Oxford Striders	01:34:16	+20:16.823	04:29 min/km
58	4	56	45-49	683	Khulekani	Mlambo	Male	Buffalo City Municipal AC	01:35:00	+21:00.432	04:31 min/km
59	20	57	35-39	188	Lonwabo	Mavukwana	Male	Born 2 Run AC Border	01:35:03	+21:03.493	04:31 min/km
60	3	58	55-59	664	Simon	Ngxeke	Male	Born 2 Run AC Border	01:35:09	+21:09.383	04:31 min/km
61	11	59	40-44	145	Ac	Lombard	Male	Oxford Striders	01:35:10	+21:10.823	04:31 min/km
62	2	3	Under 35	560	Jaime	Griffiths	Female	Born 2 Run AC Border	01:35:14	+21:14.390	04:32 min/km
63	5	60	45-49	5155	Wellington	Mangena	Male	Adventists Athletics Club	01:35:27	+21:27.319	04:32 min/km
64	12	61	40-44	357	Sempe	Tlhotsane	Male	Old Mutual AC	01:35:29	+21:29.585	04:32 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
65	21	62	35-39	33	Bruce	Bronkhorst	Male	Oxford Striders	01:35:40	+21:40.210	04:33 min/km
66	22	63	35-39	442	Ludwe	Dyushu	Male	Eskom Athletics Club Eastern Cape	01:36:16	+22:16.656	04:35 min/km
67	23	64	35-39	190	Xolisile	Mbiza	Male	Chillie Running Club	01:36:19	+22:19.742	04:35 min/km
68	1	4	35-39	490	Franza	Landman	Female	Old Selbornian Road Runners	01:36:28	+22:27.866	04:35 min/km
69	24	65	35-39	371	Jimmy	Van Niekerk	Male	Nedbank Running Club East London	01:36:41	+22:41.302	04:36 min/km
70	4	66	55-59	796	Government	Cabhela	Male	R72 Smart Pacers AC	01:36:56	+22:56.604	04:36 min/km
71	25	67	35-39	706	Nigel	Maritz	Male	Old Selbornian Road Runners	01:37:01	+23:00.902	04:37 min/km
72	6	68	50-54	603	Eugene	Cotterrell	Male	None	01:37:12	+23:11.983	04:37 min/km
73	2	5	35-39	317	Sitha Litha	Sigenu	Female	Real Gijimas	01:37:40	+23:40.779	04:39 min/km
74	26	69	35-39	628	Ayanda	Mxakato	Male	Real Gijimas	01:37:41	+23:41.107	04:39 min/km
75	17	70	Under 35	396	Khanyisa	Zenzi2	Male	Buffalo City Municipal AC	01:37:42	+23:42.143	04:39 min/km
76	5	71	55-59	26	Colin	Bosch	Male	Old Selbornian Road Runners	01:38:06	+24:06.834	04:40 min/km
77	27	72	35-39	543	James	Burns	Male	Old Selbornian Road Runners	01:38:07	+24:06.940	04:40 min/km
78	13	73	40-44	787	Ibrahim	Kamicha	Male	Old Mutual AC	01:38:11	+24:10.960	04:40 min/km
79	28	74	35-39	785	Aluwani	Ramashau	Male	Real Gijimas	01:38:29	+24:29.181	04:41 min/km
80	29	75	35-39	789	Sinethemba	Mekeni	Male	Overtakers Sports Club	01:38:36	+24:36.454	04:41 min/km
81	14	76	40-44	341	Timothy	Stockton	Male	Nedbank Running Club	01:38:41	+24:40.895	04:41 min/km
82	30	77	35-39	332	Thembela	Solilo	Male	Buffalo City Municipal AC	01:38:43	+24:43.012	04:42 min/km
83	31	78	35-39	587	Lethu	Ndzube	Male	Old Mutual AC	01:38:43	+24:43.183	04:42 min/km
84	32	79	35-39	596	Mkhululi	Jack	Male	Rainbow United Athletics Club	01:38:43	+24:43.501	04:42 min/km
85	3	6	35-39	146	Chantel	Lombard	Female	Oxford Striders	01:38:46	+24:46.362	04:42 min/km
86	33	80	35-39	275	Zuko	Phandle	Male	Old Mutual Athletics Club - East London	01:38:48	+24:48.400	04:42 min/km
87	34	81	35-39	342	Unathi	Stoto	Male	Stutterheim AC	01:38:48	+24:48.584	04:42 min/km
88	15	82	40-44	572	Mzukisi	Pere	Male	BRAC - KWT	01:39:15	+25:15.090	04:43 min/km
89	18	83	Under 35	158	Banele	Macozoma	Male	Oxford Striders	01:39:17	+25:16.961	04:43 min/km
90	35	84	35-39	155	Lindile	Mabuya	Male	Old Mutual AC	01:39:38	+25:38.797	04:44 min/km
91	6	85	55-59	550	Welile	Payi	Male	Overtakers Sports Club	01:39:42	+25:42.683	04:44 min/km
92	2	7	40-44	423	Michelle	Conroy	Female	Born 2 Run AC Border	01:39:46	+25:46.221	04:45 min/km
93	36	86	35-39	525	Vusumzi	Ndwayana	Male	Adventists Athletics Club	01:40:06	+26:06.255	04:45 min/km
94	37	87	35-39	154	Bonga	Mabentsela	Male	Fat Cats	01:40:09	+26:09.787	04:46 min/km
95	16	88	40-44	505	Malikhanye	Mduba	Male	Adventists Athletics Club	01:40:10	+26:10.193	04:46 min/km
96	17	89	40-44	298	Vuka	Sam	Male	Old Mutual AC	01:40:29	+26:29.542	04:47 min/km
97	6	90	45-49	75	Clinton	Ford	Male	Old Selbornians	01:40:44	+26:44.397	04:47 min/km
98	38	91	35-39	549	Bathandwa	Mgolombane	Male	Justice AC	01:40:54	+26:53.971	04:48 min/km
99	39	92	35-39	221	Nkosnathi	Mnyanda	Male	Real Gijimas	01:40:57	+26:57.611	04:48 min/km
100	18	93	40-44	89	Bandile	Goda	Male	Inyibiba Athletic Club	01:41:27	+27:27.610	04:49 min/km
101	1	94	60-64	277	Charl	Pienaar	Male	Old Selbornians	01:41:39	+27:39.296	04:50 min/km
102	40	95	35-39	484	Zolile	Tikini	Male	None	01:41:41	+27:41.405	04:50 min/km
103	7	96	50-54	562	Mgo	Mgoduka	Male	Qokolweni AC	01:41:43	+27:43.452	04:50 min/km
104	19	97	40-44	40	Richard	Chigume	Male	Nedbank Running Club East London	01:41:45	+27:45	04:50 min/km
105	41	98	35-39	264	Nkululeko	Ntuli	Male	Old Mutual Athletics Club - East London	01:41:50	+27:50.556	04:50 min/km
106	19	99	Under 35	186	Akhona	Matyobeni	Male	Buffalo City Municipal AC	01:41:53	+27:53.666	04:51 min/km
107	20	100	40-44	544	Chuma	Toni	Male	Qokolweni AC	01:42:01	+28:01.263	04:51 min/km
108	4	8	35-39	369	Marilene	Van Biljon	Female	Eskom Athletics Club Easter Cape	01:42:05	+28:05.002	04:51 min/km
109	20	101	Under 35	165	Andile	Mahashe	Male	None	01:42:19	+28:19.569	04:52 min/km
110	21	102	Under 35	747	Siviwe	Silimela	Male	Real Gijimas	01:42:19	+28:19.723	04:52 min/km
111	42	103	35-39	653	Wesley	Bahlmann	Male	None	01:42:20	+28:20.668	04:52 min/km
112	7	104	45-49	499	Craig	Powell	Male	Oxford Striders	01:42:42	+28:41.964	04:53 min/km
113	8	105	50-54	411	Alex	Kambule	Male	Real Gijimas	01:43:00	+29:00.353	04:54 min/km
114	5	9	35-39	475	Madelein	Gerber	Female	Born 2 Run AC Border	01:43:03	+29:03.339	04:54 min/km
115	8	106	45-49	578	Dalikhaya	Hlalukana	Male	Buffalo City Municipal AC	01:43:09	+29:09.249	04:54 min/km
116	43	107	35-39	144	Bongani	Letlaka	Male	OTHER	01:43:19	+29:18.898	04:55 min/km
117	9	108	45-49	716	Sipho	Kem	Male	None	01:43:34	+29:34.479	04:55 min/km
118	21	109	40-44	361	Rivelino	Trimalley	Male	United AC	01:43:34	+29:34.558	04:55 min/km
119	3	10	40-44	331	Sherelle	Smith	Female	Oxford Striders	01:43:41	+29:41.125	04:56 min/km
120	22	110	40-44	616	Dylan	Anderson	Male	Oxford Striders	01:43:44	+29:44.791	04:56 min/km
121	23	111	40-44	703	Rich	Watt	Male	Oxford Striders	01:43:45	+29:44.865	04:56 min/km
122	1	112	65-69	340	Sticks	Stiglingh	Male	Kowie Striders	01:43:56	+29:56.629	04:56 min/km
123	24	113	40-44	697	Phumzile	Tyumre	Male	None	01:44:00	+30:00.548	04:57 min/km
124	44	114	35-39	477	Nkosinati	Mkhwanzi	Male	Oxford Striders	01:44:00	+30:00.730	04:57 min/km
125	22	115	Under 35	786	Mzuvukile	Sibhozo	Male	Nedbank Running Club	01:44:01	+30:00.999	04:57 min/km
126	9	116	50-54	788	Kadhaya	Muballe	Male	Oxford Striders	01:44:03	+30:03.098	04:57 min/km
127	7	117	55-59	606	Mfundo Boy	Nobavu	Male	Old Mutual AC	01:44:16	+30:16.610	04:57 min/km
128	45	118	35-39	5161	Grant	Howell	Male	Oxford Striders	01:44:21	+30:21.011	04:58 min/km



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129	46	119	35-39	436	Lionel	Dearlove	Male	Oxford Striders	01:44:22	+30:21.858	04:58 min/km
130	10	120	45-49	123	Elliot	Keyi	Male	Fat Cats	01:44:23	+30:23.830	04:58 min/km
131	23	121	Under 35	756	Malwande	Magadla	Male	SABc	01:44:30	+30:30.185	04:58 min/km
132	24	122	Under 35	715	Ntsikelelo	Tiyo	Male	Stutterheim AC	01:44:30	+30:30.187	04:58 min/km
133	11	123	45-49	600	Xolani	Tunzana	Male	Real Gijimas	01:44:37	+30:37.742	04:58 min/km
134	25	124	40-44	103	Clinton	Hayward	Male	Oxford Striders	01:44:39	+30:39.346	04:58 min/km
135	8	125	55-59	624	Gavin	Stephens	Male	Born 2 Run AC Border	01:44:40	+30:40.304	04:59 min/km
136	47	126	35-39	649	Shaun	Pauls	Male	Oxford Striders	01:44:42	+30:41.933	04:59 min/km
137	9	127	55-59	34	Jannie	Bronkhorst	Male	Oxford Striders	01:44:49	+30:49.309	04:59 min/km
138	12	128	45-49	660	Brian	Murisa	Male	None	01:44:49	+30:49.745	04:59 min/km
139	1	11	45-49	355	Carol	Tinhof	Female	Old Selbornian Road Runners	01:44:52	+30:52.347	04:59 min/km
140	13	129	45-49	671	Valie	Qutywa	Male	Inyibiba Athletic Club	01:44:55	+30:54.914	04:59 min/km
141	48	130	35-39	479	Duane	Van Der Merwe	Male	Oxford Striders	01:44:55	+30:55.720	04:59 min/km
142	26	131	40-44	794	Andile	Madonyela	Male	None	01:44:56	+30:56.289	04:59 min/km
143	2	132	60-64	102	Mark	Hayne	Male	Born 2 Run AC Border	01:44:57	+30:57.074	04:59 min/km
144	14	133	45-49	780	Carl	Murray	Male	Oxford Striders	01:44:57	+30:57.338	04:59 min/km
145	27	134	40-44	552	Mphankomo	Dandala	Male	Overtakers Sports Club	01:45:09	+31:09.325	05:00 min/km
146	15	135	45-49	741	Chuma	Novukela	Male	Old Mutual AC	01:45:17	+31:17.757	05:00 min/km
147	16	136	45-49	590	Mike	Taylor	Male	Oxford Striders	01:45:21	+31:21.429	05:01 min/km
148	49	137	35-39	784	Thembelani	Manqina	Male	MBSA	01:45:21	+31:21.608	05:01 min/km
149	17	138	45-49	705	Jan	Victor	Male	None	01:45:32	+31:32.844	05:01 min/km
150	25	139	Under 35	204	Khanyiso	Mgolozelwa	Male	Old Mutual AC	01:45:39	+31:39.120	05:01 min/km
151	3	12	Under 35	700	Muziyavuli	Chirwa	Female	Oxford Striders	01:45:40	+31:40.598	05:01 min/km
152	28	140	40-44	742	Greg	Collins	Male	Oxford Striders	01:45:54	+31:54.127	05:02 min/km
153	50	141	35-39	304	Michael	Schenk	Male	Old Selbornians	01:46:03	+32:03.580	05:03 min/km
154	29	142	40-44	473	Moses	Mbedhli	Male	Nedbank Running Club	01:46:15	+32:15.389	05:03 min/km
155	26	143	Under 35	670	Biko	Lizo	Male	None	01:46:18	+32:18.714	05:03 min/km
156	6	13	35-39	539	Simone	Whittington	Female	Oxford Striders	01:46:21	+32:21.003	05:03 min/km
157	7	14	35-39	376	Lindy	Vermeulen	Female	Old Selbornian Road Runners	01:46:31	+32:31.646	05:04 min/km
158	51	144	35-39	482	Comfort	Guga	Male	MBSA	01:46:49	+32:48.866	05:05 min/km
159	10	145	55-59	1	Eric	Adams	Male	Real Gijimas	01:46:51	+32:51.680	05:05 min/km
160	30	146	40-44	524	Xolisile	Ntulani	Male	Old Mutual AC	01:46:51	+32:51.823	05:05 min/km
161	52	147	35-39	791	Wayne	Pottinger	Male	Nedbank Running Club	01:47:37	+33:37.226	05:07 min/km
162	8	15	35-39	157	Taryn	Mackenzie	Female	Born 2 Run AC Border	01:47:41	+33:41.345	05:07 min/km
163	31	148	40-44	136	Mark	Kunhardt	Male	Oxford Striders	01:47:51	+33:51.016	05:08 min/km
164	32	149	40-44	38	Victor	Cankani	Male	Old Mutual Athletics Club - East London	01:47:56	+33:56.408	05:08 min/km
165	33	150	40-44	570	Dale	Fourie	Male	Oxford Striders	01:48:05	+34:05.547	05:08 min/km
166	27	151	Under 35	627	Zuko	Yigi	Male	OTHER	01:48:20	+34:19.969	05:09 min/km
167	28	152	Under 35	626	Ntlati	Mpilo	Male	Overtakers Sports Club	01:48:20	+34:20.005	05:09 min/km
168	9	16	35-39	134	Bonita	Kruger	Female	Run 4 Christ AC	01:48:24	+34:24.090	05:09 min/km
169	34	153	40-44	676	Kauleta	Malixole	Male	Overtakers Sports Club	01:48:35	+34:34.962	05:10 min/km
170	35	154	40-44	608	Donovan	Klassen	Male	None	01:48:48	+34:48.074	05:10 min/km
171	10	155	50-54	512	Warrick	Jerrard	Male	Born 2 Run AC Border	01:49:01	+35:01.565	05:11 min/km
172	29	156	Under 35	483	Xolisani	Roboji	Male	None	01:49:09	+35:08.987	05:11 min/km
173	18	157	45-49	718	Vuyani	Ngam	Male	Correctional Services Border	01:49:09	+35:09.382	05:11 min/km
174	4	17	Under 35	314	Carey	Sheffield - Webb	Female	Born 2 Run AC Border	01:49:18	+35:18.511	05:12 min/km
175	19	158	45-49	263	Monde	Ntsiko	Male	Real Gijimas	01:49:26	+35:26.510	05:12 min/km
176	20	159	45-49	464	Mzolisi	Ngudle	Male	Old Mutual AC	01:49:38	+35:38.813	05:13 min/km
177	1	18	50-54	545	Debbie	Gee	Female	Oxford Striders	01:49:40	+35:40.814	05:13 min/km
178	36	160	40-44	358	Stephan	Toenjes	Male	Oxford Striders	01:49:44	+35:44.031	05:13 min/km
179	37	161	40-44	177	Thembinkosi	Manyisana	Male	Correctional Services Border	01:49:45	+35:45.808	05:13 min/km
180	21	162	45-49	379	Neville	Warmberg	Male	Old Mutual Athletics Club - East London	01:49:47	+35:47.146	05:13 min/km
181	38	163	40-44	84	Zolani	Gayi	Male	Correctional Services Border	01:49:59	+35:59.005	05:14 min/km
182	39	164	40-44	532	Siyamcela	Mamane	Male	Overtakers Sports Club	01:49:59	+35:59.442	05:14 min/km
183	53	165	35-39	515	Lita	Dazana	Male	Old Mutual AC	01:50:14	+36:14.720	05:14 min/km
184	10	19	35-39	299	Zukiswa	Sam	Female	Old Mutual AC	01:50:15	+36:15.799	05:15 min/km
185	1	20	55-59	522	Maureen	Muhlenburg	Female	Born 2 Run AC Border	01:50:18	+36:18.017	05:15 min/km
186	30	166	Under 35	761	Ndabezitha	Mancoba	Male	Eskom Athletics Club Eastern Cape	01:50:28	+36:28.237	05:15 min/km
187	11	167	50-54	686	Amos	Qwetha	Male	Old Mutual AC	01:50:35	+36:35.561	05:15 min/km
188	40	168	40-44	513	Xolisile	Bekwa	Male	None	01:50:44	+36:43.990	05:16 min/km
189	4	21	40-44	758	Hayley	Mclaren	Female	None	01:50:49	+36:49.360	05:16 min/km
190	41	169	40-44	494	Momelezi	Mbreni	Male	Zwelonke AC	01:51:01	+37:01.587	05:17 min/km
191	12	170	50-54	20	Petrus	Bester	Male	Oxford Striders	01:51:03	+37:03.237	05:17 min/km
192	5	22	40-44	799	Bridget	Smith	Female	Nedbank Running Club	01:51:19	+37:19.645	05:18 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
193	54	171	35-39	469	Mbulelo	Funiselo	Male	None	01:51:37	+37:37.308	05:18 min/km
194	31	172	Under 35	554	Dumisani	Mhlongo	Male	BRAC - KWT	01:51:39	+37:38.908	05:18 min/km
195	22	173	45-49	492	Gavin	Meistre	Male	None	01:51:42	+37:42.094	05:19 min/km
196	23	174	45-49	465	Brenden	Tiltmann	Male	Old Selbornian Road Runners	01:51:42	+37:42.203	05:19 min/km
197	13	175	50-54	409	Vuyisile	Koko	Male	Old Mutual AC	01:51:50	+37:50.733	05:19 min/km
198	32	176	Under 35	5160	Dumisani	Mxabaniso	Male	Real Gijimas	01:51:52	+37:52.750	05:19 min/km
199	14	177	50-54	536	Abraham	Ramontseng	Male	Adventists Athletics Club	01:51:56	+37:56.256	05:19 min/km
200	2	23	50-54	132	Sherae	Kreusch	Female	Born 2 Run AC Border	01:52:03	+38:03.720	05:20 min/km
201	33	178	Under 35	595	Zukisa	Wonqwelo	Male	Chillie Runners	01:52:11	+38:11.460	05:20 min/km
202	6	24	40-44	294	Sunell	Roux	Female	Born 2 Run AC Border	01:52:14	+38:14.238	05:20 min/km
203	34	179	Under 35	783	Siya	Jara	Male	Oxford Striders	01:52:33	+38:33.277	05:21 min/km
204	24	180	45-49	438	Andile	Lulwandle	Male	Old Mutual AC	01:52:36	+38:36.143	05:21 min/km
205	42	181	40-44	613	Nkosinathi	Ntlokonkulu	Male	Real Gijimas	01:52:36	+38:36.174	05:21 min/km
206	43	182	40-44	666	Tendani	Mufamadi	Male	Old Mutual AC	01:52:37	+38:37.512	05:21 min/km
207	44	183	40-44	347	Darryll	Talbot	Male	Oxford Striders	01:52:42	+38:42.329	05:21 min/km
208	11	184	55-59	133	Michael	Kriedemann	Male	Oxford Striders	01:52:43	+38:43.243	05:22 min/km
209	5	25	Under 35	419	Anda	Phanya	Female	United AC	01:52:48	+38:48.764	05:22 min/km
210	25	185	45-49	88	Siyabonga	Jwaqa	Male	Old Mutual AC	01:52:48	+38:48.767	05:22 min/km
211	55	186	35-39	243	Mzwabantu	Ngcobo	Male	Adventists Athletics Club	01:52:53	+38:53.184	05:22 min/km
212	45	187	40-44	180	Grant	Martin	Male	Oxford Striders	01:52:54	+38:54.438	05:22 min/km
213	56	188	35-39	13	Jonathan	Behnke	Male	East London Athletic Club	01:53:00	+38:59.941	05:22 min/km
214	46	189	40-44	232	Mlinden	Mvani	Male	Correctional Services Border	01:53:14	+39:13.923	05:23 min/km
215	35	190	Under 35	253	Siphumelele	Nondonga	Male	Midrand Striders	01:53:18	+39:18.617	05:23 min/km
216	36	191	Under 35	173	Phaphama	Malusi	Male	Real Gijimas	01:53:27	+39:26.957	05:24 min/km
217	57	192	35-39	171	Lungelo	Maki	Male	Real Gijimas	01:53:31	+39:30.894	05:24 min/km
218	15	193	50-54	635	Rick	Davies	Male	Born 2 Run AC Border	01:53:35	+39:34.953	05:24 min/km
219	47	194	40-44	424	Mveliso	Cebo	Male	Adventists Athletics Club	01:53:42	+39:42.532	05:24 min/km
220	26	195	45-49	598	Siyabulela	Kem	Male	Real Gijimas	01:53:43	+39:43.521	05:24 min/km
221	12	196	55-59	111	Gary	Jackson	Male	Old Mutual AC	01:53:43	+39:43.522	05:24 min/km
222	27	197	45-49	571	Lindeko	Bottoman	Male	Real Gijimas	01:53:47	+39:47.745	05:25 min/km
223	2	26	45-49	344	Caroline	Swart	Female	Oxford Striders	01:54:02	+40:02.236	05:25 min/km
224	28	198	45-49	30	Kallie	Boyce	Male	Oxford Striders	01:54:02	+40:02.430	05:25 min/km
225	48	199	40-44	387	Bongani	Xakalash	Male	Correctional Services Border	01:54:06	+40:06.037	05:25 min/km
226	7	27	40-44	446	Yvette	Louw	Female	Nedbank Running Club	01:54:07	+40:06.951	05:26 min/km
227	58	200	35-39	122	Dawie	Kernekamp	Male		01:54:07	+40:06.954	05:26 min/km
228	59	201	35-39	459	Terry-Andre	Eleftherioa	Male	Born 2 Run AC Border	01:54:09	+40:08.877	05:26 min/km
229	49	202	40-44	673	Sihle	Mthembu	Male	OTHER	01:54:19	+40:19.589	05:26 min/km
230	3	28	45-49	754	Nkuli	Booi	Female	MBSA	01:54:19	+40:19.595	05:26 min/km
231	3	203	60-64	647	Raymond	Lottering	Male	United AC	01:54:22	+40:22.545	05:26 min/km
232	13	204	55-59	115	Gary	Jasson	Male	United AC	01:54:28	+40:28.424	05:27 min/km
233	16	205	50-54	17	Grant	Berndt	Male	Oxford Striders	01:54:51	+40:51.681	05:28 min/km
234	17	206	50-54	18	Mark	Berndt	Male	Oxford Striders	01:54:52	+40:51.859	05:28 min/km
235	11	29	35-39	244	Thandokazi	Ngemntu	Female	MBSA	01:54:56	+40:56.370	05:28 min/km
236	37	207	Under 35	79	Michael	Francis	Male	Oxford Striders	01:55:15	+41:15.071	05:29 min/km
237	29	208	45-49	729	Luyanda	Suntele	Male	Old Mutual AC	01:55:42	+41:42	05:30 min/km
238	8	30	40-44	147	Lee	Long	Female	Old Selbornians	01:56:04	+42:04.186	05:31 min/km
239	6	31	Under 35	346	Bianca	Sweetnam	Female	Born 2 Run AC Border	01:56:07	+42:06.997	05:31 min/km
240	38	209	Under 35	227	Malungisa	Moyikwa	Male	None	01:56:07	+42:07.341	05:31 min/km
241	39	210	Under 35	743	Wandile	Kafu	Male	Real Gijimas	01:56:10	+42:09.992	05:31 min/km
242	18	211	50-54	774	Jeremia	Mukosana	Male	None	01:56:21	+42:21.711	05:32 min/km
243	30	212	45-49	326	Monde	Skeyi	Male	Real Gijimas	01:56:23	+42:23.076	05:32 min/km
244	31	213	45-49	268	Michael	O'Connell	Male		01:56:26	+42:25.975	05:32 min/km
245	50	214	40-44	759	Hayden	Mclaren	Male	None	01:56:28	+42:28.370	05:32 min/km
246	60	215	35-39	480	Avela	Ndamase	Male	Chillie Runners	01:56:29	+42:29.147	05:32 min/km
247	61	216	35-39	782	Thabo	Booi	Male	Nedbank Running Club	01:56:29	+42:29.556	05:32 min/km
248	62	217	35-39	599	Olwethu	Mondliwa	Male	Oxford Striders	01:56:31	+42:31.440	05:32 min/km
249	9	32	40-44	597	Akhona	Neka	Female	Real Gijimas	01:56:33	+42:33.130	05:32 min/km
250	2	218	65-69	289	Alan	Robb	Male	Germiston Callies Harriers Club	01:56:34	+42:34.639	05:33 min/km
251	32	219	45-49	23	Wonga	Bizani	Male	Inyibiba Athletic Club	01:56:35	+42:35.535	05:33 min/km
252	12	33	35-39	607	Zoleka	Daka	Female	Old Mutual AC	01:56:36	+42:36.802	05:33 min/km
253	19	220	50-54	636	Xolani	Gomo	Male	SPAR EC Running Club	01:56:48	+42:48.800	05:33 min/km
254	10	34	40-44	143	Nicolette	Lennox	Female	Nedbank Running Club East London	01:56:52	+42:52.664	05:33 min/km
255	11	35	40-44	422	Mmampho	Gogela Smith	Female	Old Mutual AC	01:56:52	+42:52.833	05:33 min/km
256	40	221	Under 35	439	Darryl	Watson	Male	Oxford Striders	01:56:53	+42:53.182	05:33 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
257	63	222	35-39	69	Luzuko	Fanteso	Male	Real Gijimas	01:56:57	+42:56.877	05:34 min/km
258	33	223	45-49	792	Thobile	Mkhonkqo	Male	Real Gijimas	01:57:16	+43:16.758	05:35 min/km
259	34	224	45-49	691	Chad	Benge	Male	Oxford Striders	01:57:26	+43:26.294	05:35 min/km
260	64	225	35-39	677	Sive	Soka	Male	Balekani AC	01:57:33	+43:33.609	05:35 min/km
261	51	226	40-44	2	Lonwabo	Adonis	Male	Stutterheim Athletics Club	01:57:35	+43:35.823	05:35 min/km
262	4	36	45-49	551	Peggy	Mtengwane	Female	Overtakers Sports Club	01:57:48	+43:48.306	05:36 min/km
263	7	37	Under 35	168	Nothando	Makaka	Female	Old Mutual Athletics Club - East London	01:57:48	+43:48.765	05:36 min/km
264	52	227	40-44	639	Bhekisisa	Mthembu	Male	Old Mutual AC	01:58:18	+44:18.042	05:37 min/km
265	65	228	35-39	100	Sifundo	Gwavu	Male	Fat Cats	01:58:20	+44:20.055	05:38 min/km
266	35	229	45-49	130	Riaan	Koen	Male	Oxford Striders	01:58:28	+44:28.486	05:38 min/km
267	41	230	Under 35	98	Rj	Green	Male		01:58:36	+44:36.532	05:38 min/km
268	53	231	40-44	748	Bayanda	Mpahlwa	Male	Old Mutual AC	01:58:47	+44:47.032	05:39 min/km
269	13	38	35-39	630	Kathryn	Ford	Female	University of Fort Hare Athletics Club	01:58:50	+44:50.613	05:39 min/km
270	14	232	55-59	5157	Philip	Nicholson	Male	None	01:58:54	+44:54.332	05:39 min/km
271	66	233	35-39	612	Gregory	Hofart	Male	Oxford Striders	01:58:58	+44:57.899	05:39 min/km
272	67	234	35-39	614	Sangweni	Vuba	Male	MBSA	01:59:03	+45:03.829	05:40 min/km
273	54	235	40-44	610	Lubabalo	Nyakambi	Male	Old Mutual AC	01:59:21	+45:21.725	05:41 min/km
274	14	39	35-39	259	Unathi	Ntintili	Female	Nedbank Running Club	01:59:23	+45:23.737	05:41 min/km
275	8	40	Under 35	203	Khunjulwa	Mgolodela	Female	Real Gijimas	01:59:26	+45:26.651	05:41 min/km
276	36	236	45-49	4	Stephen	Alexander	Male	Old Mutual Athletics Club - East London	01:59:37	+45:37.538	05:41 min/km
277	20	237	50-54	577	Mandabandile	Masiza	Male	Correctional Services Border	01:59:39	+45:39.831	05:41 min/km
278	21	238	50-54	779	Craig	Dalldorf	Male	MBSA	01:59:42	+45:42.390	05:42 min/km
279	37	239	45-49	366	John-Lee	Turnbull	Male	Oxford Striders	01:59:45	+45:45.549	05:42 min/km
280	12	41	40-44	320	Ntombozuko	Sikiti	Female	Chillie	01:59:53	+45:52.930	05:42 min/km
281	15	42	35-39	348	Kerry	Tee	Female	Nedbank Running Club East London	02:00:00	+46:00.722	05:42 min/km
282	68	240	35-39	429	Tremaine	Underwood	Male	Oxford Striders	02:00:17	+46:17.491	05:43 min/km
283	55	241	40-44	433	Xolani	Wana	Male	Eskom Athletics Club Eastern Cape	02:00:33	+46:33.646	05:44 min/km
284	69	242	35-39	457	Langa	Makubalo	Male	Inyibiba Athletic Club	02:00:41	+46:41.674	05:44 min/km
285	4	243	60-64	74	Bernard	Fitzpatrick	Male	Gonubie Harriers	02:00:47	+46:47.577	05:45 min/km
286	22	244	50-54	269	John	Omwansa	Male	Nedbank Running Club East London	02:00:52	+46:52.818	05:45 min/km
287	16	43	35-39	77	Lynette	Forward	Female	Nedbank Running Club	02:01:14	+47:14.432	05:46 min/km
288	56	245	40-44	425	Andre	Odendaaql	Male	Born 2 Run AC Border	02:01:22	+47:22.315	05:46 min/km
289	42	246	Under 35	722	Bulela	Sidloyi	Male	Old Mutual AC	02:01:25	+47:25.140	05:46 min/km
290	70	247	35-39	731	Bayanda	Tsotsa	Male	None	02:01:34	+47:34.766	05:47 min/km
291	15	248	55-59	45	Hendrik	Coetsee	Male	Oxford Striders	02:01:55	+47:55.443	05:48 min/km
292	71	249	35-39	781	Vaughn	Lindhorst	Male	Oxford Striders	02:01:57	+47:57.307	05:48 min/km
293	23	250	50-54	709	Robert	Ross	Male	Old Selbournian Road Runners	02:01:58	+47:58.436	05:48 min/km
294	17	44	35-39	721	Sulette	Viljoen	Female	Oxford Striders	02:02:06	+48:06.560	05:48 min/km
295	13	45	40-44	49	Nicolette	Cunningham	Female	Oxford Striders	02:02:12	+48:12.665	05:49 min/km
296	5	46	45-49	509	Liz	Goosen	Female	Born 2 Run AC Border	02:02:14	+48:14.353	05:49 min/km
297	18	47	35-39	704	Ayanda	Kettledas	Female	Real Gijimas	02:02:14	+48:14.609	05:49 min/km
298	5	251	60-64	95	Julius	Gqibani	Male	RunWalkforLife - Border	02:02:16	+48:16.538	05:49 min/km
299	38	252	45-49	296	John	Rutherford	Male	Oxford Striders	02:02:20	+48:19.859	05:49 min/km
300	1	253	70-74	308	Bennie	Scoltz	Male	Oxford Striders	02:02:32	+48:32.640	05:50 min/km
301	39	254	45-49	7	Clint	Barratt	Male	None	02:02:33	+48:33.016	05:50 min/km
302	14	48	40-44	258	Nosiphiwo	Ntengento	Female	Inyibiba Athletic Club	02:02:33	+48:33.300	05:50 min/km
303	15	49	40-44	73	Nobuntu	Fetsha	Female	Inyibiba Athletic Club	02:02:33	+48:33.379	05:50 min/km
304	57	255	40-44	690	Fuzile	Mati	Male	Overtakers Sports Club	02:02:42	+48:41.962	05:50 min/km
305	58	256	40-44	497	Phindile	Tetiwe	Male	None	02:02:45	+48:45.110	05:50 min/km
306	59	257	40-44	659	Sazimzi	Nibe	Male	OTHER	02:02:58	+48:58.528	05:51 min/km
307	24	258	50-54	197	Malusi	Mene	Male	Inyibiba Athletic Club	02:03:08	+49:08.438	05:51 min/km
308	1	50	60-64	32	Ansie	Bronkhorst	Female	Oxford Striders	02:03:11	+49:11.186	05:51 min/km
309	16	259	55-59	776	Johannes	Nel	Male	MBSA	02:03:19	+49:18.910	05:52 min/km
310	43	260	Under 35	31	Jacobus	Brits	Male	Nedbank Running Club East London	02:03:35	+49:35.545	05:53 min/km
311	40	261	45-49	510	Jannie	Goosen	Male	Born 2 Run AC Border	02:03:40	+49:39.875	05:53 min/km
312	72	262	35-39	236	Khotso	Ncheka	Male	Oxford Striders	02:03:50	+49:50.836	05:53 min/km
313	3	51	50-54	193	Janice	Mckerry	Female	Queenstown Harriers	02:04:08	+50:08.254	05:54 min/km
314	41	263	45-49	237	Clint	Nel	Male	Oxford Striders	02:04:20	+50:19.948	05:55 min/km
315	9	52	Under 35	101	Mandy	Hatton	Female	Gonubie Harriers	02:04:29	+50:29.399	05:55 min/km
316	73	264	35-39	453	Siyanda	Sithola	Male	Trendsetters	02:04:29	+50:29.497	05:55 min/km
317	74	265	35-39	48	Claude	Crozier	Male	Oxford Striders	02:04:35	+50:35.127	05:55 min/km
318	42	266	45-49	90	Andile	Gogi	Male	Oxford Striders	02:04:35	+50:35.788	05:55 min/km
319	44	267	Under 35	566	Zukile	Mbelu	Male	Stutterheim AC	02:04:38	+50:38.079	05:56 min/km
320	45	268	Under 35	692	Phwmzile	Nginase	Male	Real Gijimas	02:04:46	+50:46.269	05:56 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
321	19	53	35-39	472	Ayanda	Dlambulo	Female	Oxford Striders	02:04:46	+50:46.560	05:56 min/km
322	6	54	45-49	225	Shenaaz	Moodley	Female	MBSA	02:04:59	+50:58.963	05:57 min/km
323	17	269	55-59	5	Graham	Arthur	Male	Oxford Striders	02:05:03	+51:03.654	05:57 min/km
324	16	55	40-44	763	Zukiswa	Siyazi	Female	Zwelonke AC	02:05:08	+51:07.855	05:57 min/km
325	17	56	40-44	397	Nomajama	Zuzani	Female	Real Gijimas	02:05:14	+51:14.578	05:57 min/km
326	20	57	35-39	394	Vuyolwethu	Zakhe	Female	Real Gijimas	02:05:14	+51:14.580	05:57 min/km
327	60	270	40-44	757	Nkosinathi	Yili	Male	Real Gijimas	02:05:16	+51:16.529	05:57 min/km
328	25	271	50-54	149	George	Lottering	Male	Nedbank Running Club	02:05:16	+51:16.533	05:57 min/km
329	6	272	60-64	736	Gladman	M	Male	Real Gijimas	02:05:36	+51:36.746	05:58 min/km
330	61	273	40-44	181	Mzameli	Maseti	Male	Correctional Services Border	02:05:38	+51:38.145	05:58 min/km
331	18	274	55-59	272	Manfred	Ottermann	Male	MBSA	02:05:38	+51:38.624	05:58 min/km
332	43	275	45-49	500	Walter	Chirima	Male	None	02:05:40	+51:40.175	05:59 min/km
333	21	58	35-39	534	Christelle	Becker	Female	Nedbank Running Club	02:05:53	+51:52.955	05:59 min/km
334	75	276	35-39	245	Zola	Ngwevela	Male	Chillie Running Club	02:05:54	+51:54.393	05:59 min/km
335	2	59	60-64	287	Eleanor	Ragaval	Female	Oxford Striders	02:06:04	+52:04.751	06:00 min/km
336	22	60	35-39	460	Samantha	Eleftherioa	Female	Born 2 Run AC Border	02:06:05	+52:05.828	06:00 min/km
337	76	277	35-39	368	Shaun	Vallance	Male	Oxford Striders	02:06:07	+52:07.605	06:00 min/km
338	44	278	45-49	271	Pieter	Oreilly	Male	Indwe Runners	02:06:08	+52:08.373	06:00 min/km
339	62	279	40-44	750	Siseko	Spelman	Male	Inyibiba Athletic Club	02:06:09	+52:08.928	06:00 min/km
340	45	280	45-49	645	Monde	Booi	Male	Inyibiba Athletic Club	02:06:09	+52:09.647	06:00 min/km
341	18	61	40-44	749	Tembeke	Ngesi	Female	Inyibiba Athletic Club	02:06:09	+52:09.743	06:00 min/km
342	26	281	50-54	5156	Simphiwe	Mbambo	Male	Inyibiba Athletic Club	02:06:09	+52:09.772	06:00 min/km
343	63	282	40-44	710	Tafadza	Mwangolela	Male	BRAC - KWT	02:06:10	+52:10.178	06:00 min/km
344	77	283	35-39	325	Khaya	Siyata	Male	BRAC - KWT	02:06:10	+52:10.282	06:00 min/km
345	7	62	45-49	593	Lwandlekazi	Nkontso	Female	Overtakers Sports Club	02:06:21	+52:21.184	06:00 min/km
346	19	284	55-59	199	Benjamin	Mentoor	Male	None	02:06:22	+52:22.192	06:01 min/km
347	64	285	40-44	70	Siyabulela	Fatyi	Male	Nedbank Running Club	02:06:31	+52:31.299	06:01 min/km
348	23	63	35-39	684	Tabisa	Yokwana	Female	Adventists Athletics Club	02:06:34	+52:33.999	06:01 min/km
349	46	286	45-49	112	Sizinzo	Jacobs	Male	Inyibiba Athletic Club	02:06:40	+52:40.710	06:01 min/km
350	27	287	50-54	390	Titiba	Yanta	Male	Real Gijimas	02:06:47	+52:47.231	06:02 min/km
351	24	64	35-39	86	Andiswa	Getye	Female	Real Gijimas	02:06:47	+52:47.279	06:02 min/km
352	78	288	35-39	47	Delwin	Crous	Male		02:06:53	+52:52.982	06:02 min/km
353	25	65	35-39	443	Carey-Anne	Crossman	Female	Oxford Striders	02:06:55	+52:55.560	06:02 min/km
354	65	289	40-44	6	Aslam	Syed Cassim	Male	SAPS	02:06:57	+52:57.785	06:02 min/km
355	79	290	35-39	210	Lizo	Mjindi	Male	Old Mutual AC	02:07:14	+53:14.515	06:03 min/km
356	4	66	50-54	44	Denise	Coetzee	Female	Oxford Striders	02:07:25	+53:25.596	06:04 min/km
357	46	291	Under 35	178	Rohan	Marais	Male	Oxford Striders	02:07:31	+53:31.251	06:04 min/km
358	26	67	35-39	540	Romy	Reddy	Female	Born 2 Run AC Border	02:07:49	+53:48.859	06:05 min/km
359	80	292	35-39	328	Ayanda	Skwebu	Male	Overtakers Sports Club	02:07:52	+53:52.467	06:05 min/km
360	10	68	Under 35	152	Dayne	Lutge	Female		02:08:07	+54:07.128	06:06 min/km
361	28	293	50-54	760	Steven	Eason	Male	None	02:08:18	+54:17.923	06:06 min/km
362	47	294	45-49	651	Madoda	Mhleka	Male	Real Gijimas	02:08:23	+54:23.087	06:06 min/km
363	20	295	55-59	373	Leon	Vanniekerk	Male	University of Fort Hare Athletics Club	02:08:42	+54:41.974	06:07 min/km
364	48	296	45-49	451	Mnyamezel	Shosha	Male	Real Gijimas	02:08:45	+54:45.319	06:07 min/km
365	66	297	40-44	150	Sinethemba	Lubuzo	Male	Correctional Services Border	02:08:52	+54:52.195	06:08 min/km
366	67	298	40-44	495	Oscar	Mapongwana	Male	Old Mutual AC	02:08:53	+54:53.131	06:08 min/km
367	68	299	40-44	189	Mzikayise	Mazamiso	Male	Correctional Services Border	02:08:56	+54:56.600	06:08 min/km
368	69	300	40-44	695	Mzozuko	Fuba	Male	None	02:09:02	+55:01.854	06:08 min/km
369	3	69	60-64	65	Esme	Ehrke	Female	Nedbank Running Club	02:09:05	+55:05.413	06:08 min/km
370	19	70	40-44	262	Andisa	Ntshela	Female	Old Mutual AC	02:09:11	+55:11.335	06:09 min/km
371	20	71	40-44	372	Silvia	Van Rensburg	Female	Oxford Striders	02:09:22	+55:22.651	06:09 min/km
372	21	72	40-44	270	Louise	Oreilly	Female	Oxford Striders	02:09:22	+55:22.803	06:09 min/km
373	27	73	35-39	109	Denise	Hurn	Female	Oxford Striders	02:09:23	+55:23.037	06:09 min/km
374	11	74	Under 35	723	Ondela	Mbana	Female	OTHER	02:09:35	+55:34.936	06:10 min/km
375	70	301	40-44	5158	Monwabisi	Pina	Male	Old Mutual AC	02:09:47	+55:47.765	06:10 min/km
376	81	302	35-39	662	Himal	Lalla	Male	Nedbank Running Club	02:09:48	+55:47.949	06:10 min/km
377	29	303	50-54	762	Andile	Fani	Male	Old Mutual AC	02:09:49	+55:49.009	06:10 min/km
378	8	75	45-49	257	Amanda	Nqumashe	Female	Stutterheim Athletics Club	02:09:49	+55:49.790	06:10 min/km
379	3	304	65-69	14	Cyril	Bekker	Male	Gonubie Harriers	02:10:06	+56:06.373	06:11 min/km
380	28	76	35-39	202	Nthabi	Mfabane	Female	Overtakers	02:10:16	+56:16.365	06:12 min/km
381	9	77	45-49	12	Meloney	Beck	Female	Oxford Striders	02:10:16	+56:16.458	06:12 min/km
382	10	78	45-49	319	Zanele	Sihlahla	Female	Inyibiba Athletics Club	02:10:18	+56:18.596	06:12 min/km
383	47	305	Under 35	167	Amos	Mahyambe	Male	Real Gijimas	02:10:27	+56:26.920	06:12 min/km
384	12	79	Under 35	162	Anelisa	Magama	Female	Real Gijimas	02:10:29	+56:29.175	06:12 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
385	49	306	45-49	488	Greig	Naude	Male	Living Free AC	02:10:33	+56:33.027	06:12 min/km
386	11	80	45-49	487	Samantha	Naude	Female	Living Free AC	02:10:33	+56:33.085	06:12 min/km
387	29	81	35-39	699	Nonzukiso	Manjezi	Female	Old Mutual AC	02:10:49	+56:49.641	06:13 min/km
388	30	307	50-54	698	Gibson	Muzonzini	Male	Old Mutual AC	02:10:49	+56:49.718	06:13 min/km
389	30	82	35-39	638	Xoliswa	Sibeko	Female	Real Gijimas	02:11:38	+57:38.557	06:16 min/km
390	82	308	35-39	377	David	Viljoen	Male	Oxford Striders	02:11:56	+57:56.168	06:16 min/km
391	31	309	50-54	401	Mzwanele	Badi	Male	Old Mutual AC	02:12:09	+58:09.743	06:17 min/km
392	50	310	45-49	643	Siphiwo	Phillips	Male	Real Gijimas	02:12:12	+58:12.793	06:17 min/km
393	51	311	45-49	558	Monwabisi	Somana	Male	Oxford Striders	02:12:17	+58:17.540	06:17 min/km
394	71	312	40-44	286	Kwezi	Mpulu	Male	Real Gijimas	02:12:19	+58:19.774	06:18 min/km
395	32	313	50-54	444	Simphiwe	Ntshweni	Male	Old Mutual AC	02:12:53	+58:53.782	06:19 min/km
396	33	314	50-54	740	Luzuko	Mtwebana	Male	Overtakers Sports Club	02:13:04	+59:04.613	06:20 min/km
397	7	315	60-64	201	Benjamin	Meyer	Male	BRAC - KWT	02:13:14	+59:14.632	06:20 min/km
398	72	316	40-44	768	Tsepo	Pefole	Male	Cheetahs	02:13:39	+59:39.789	06:21 min/km
399	8	317	60-64	724	Lungile	Mbele	Male	MBSA	02:13:52	+59:52.554	06:22 min/km
400	1	83	65-69	11	Beanie	Beard	Female	Old Selbornian Road Runners	02:13:57	+59:57.585	06:22 min/km
401	52	318	45-49	426	Dumisani	Makiki	Male	None	02:14:03	+1:00:03.500	06:23 min/km
402	31	84	35-39	375	Natasha	Venter	Female	East London Athletic Club	02:14:03	+1:00:03.634	06:23 min/km
403	32	85	35-39	546	Petru	Macfarlane	Female	None	02:14:10	+1:00:10.396	06:23 min/km
404	73	319	40-44	559	Philasande	Mtheleli	Male	Qokolweni AC	02:14:21	+1:00:21.512	06:23 min/km
405	22	86	40-44	458	Asanda	Dlova	Female	Inyibiba Athletic Club	02:14:29	+1:00:28.956	06:24 min/km
406	2	87	65-69	384	Michelle	Whittington	Female	Old Selbornian Road Runners	02:14:36	+1:00:36.713	06:24 min/km
407	9	320	60-64	333	Ncamile	Solora	Male	Old Mutual AC	02:14:41	+1:00:41.065	06:24 min/km
408	13	88	Under 35	531	Zimkhitha	Vanqa	Female	Inyibiba Athletic Club	02:14:42	+1:00:42.172	06:24 min/km
409	83	321	35-39	175	Mandla	Mantshongo	Male	Old Mutual athletics club	02:14:43	+1:00:43.283	06:24 min/km
410	2	89	55-59	307	Wendy	Schroeder	Female	Old Selbornians	02:14:45	+1:00:45.362	06:25 min/km
411	3	90	55-59	68	Sharon	Eldridge	Female	Old Selbornian Road Runners	02:14:45	+1:00:45.514	06:25 min/km
412	33	91	35-39	798	Cynthia	Mamabolo	Female	None	02:14:50	+1:00:49.923	06:25 min/km
413	84	322	35-39	602	Sivuyile	Mkhokeli	Male	Real Gijimas	02:14:50	+1:00:50.024	06:25 min/km
414	34	323	50-54	674	Lundi	Rula	Male	Inyibiba Athletic Club	02:15:09	+1:01:08.898	06:26 min/km
415	74	324	40-44	521	Loyiso	Mfeya	Male	Oxford Striders	02:15:20	+1:01:20.091	06:26 min/km
416	23	92	40-44	273	Zanele	Papa	Female	Overtakers	02:15:31	+1:01:30.865	06:27 min/km
417	85	325	35-39	234	Brian	Myburgh	Male	Oxford Striders	02:15:31	+1:01:31.683	06:27 min/km
418	48	326	Under 35	291	Wynand	Roets	Male	Gonubie Harriers	02:15:32	+1:01:32.438	06:27 min/km
419	14	93	Under 35	680	Ndileka	Dayimani	Female	Real Gijimas	02:15:46	+1:01:46.324	06:27 min/km
420	4	94	55-59	431	Diane	Kirkhoff	Female	Oxford Striders	02:16:02	+1:02:02.166	06:28 min/km
421	34	95	35-39	629	Akhona	Nohako	Female	Real Gijimas	02:16:03	+1:02:03.169	06:28 min/km
422	75	327	40-44	284	Mlandeli	Poto	Male	Real Gijimas	02:16:18	+1:02:18.106	06:29 min/km
423	49	328	Under 35	714	Wandisile	Mboya	Male	MBSA	02:16:18	+1:02:18.238	06:29 min/km
424	3	96	65-69	21	Avril	Beyleveld	Female	Kowie Striders	02:16:19	+1:02:19.521	06:29 min/km
425	24	97	40-44	46	Antoinette	Compaan	Female	Born 2 Run AC Border	02:16:21	+1:02:21.123	06:29 min/km
426	86	329	35-39	591	Bakhulule	Nyanda	Male	Oxford Striders	02:16:34	+1:02:34.041	06:30 min/km
427	35	330	50-54	403	Antony	Rooney	Male	Oxford Striders	02:16:38	+1:02:38.505	06:30 min/km
428	10	331	60-64	166	Bahlanu	Mahleka	Male	Real Gijimas	02:16:41	+1:02:41.796	06:30 min/km
429	36	332	50-54	389	Roman	Xolisa	Male	Old Mutual AC	02:16:48	+1:02:48.352	06:30 min/km
430	35	98	35-39	312	Zintile	Malusi	Female	Real Gijimas	02:16:48	+1:02:48.772	06:30 min/km
431	87	333	35-39	435	Lonwabo	Skelenge	Male	Adventists Athletics Club	02:16:50	+1:02:50.460	06:30 min/km
432	5	99	50-54	339	Marianne	Stiglingh	Female	Kowie Striders	02:16:53	+1:02:53.734	06:31 min/km
433	88	334	35-39	667	Sandiso	Mlele	Male	None	02:16:55	+1:02:54.918	06:31 min/km
434	36	100	35-39	514	Siyasanga Tonica	Bekwa	Female	Eskom Athletics Club Eastern Cape	02:17:04	+1:03:04.424	06:31 min/km
435	4	335	65-69	139	Sarel	Labuschagne	Male		02:17:07	+1:03:06.992	06:31 min/km
436	37	336	50-54	338	Willem	Stapelberg	Male	Indwe Runners	02:17:12	+1:03:12.719	06:32 min/km
437	15	101	Under 35	391	Nosipho	Yengwa	Female	Indwe Runners	02:17:19	+1:03:19.353	06:32 min/km
438	89	337	35-39	223	Thabang	Monare	Male	Old Mutual Athletics Club - East London	02:18:03	+1:04:03.779	06:34 min/km
439	37	102	35-39	668	Noluvuyo	Mkukwana	Female	Real Gijimas	02:18:15	+1:04:15.035	06:34 min/km
440	53	338	45-49	563	Tatase	Faku	Male	Real Gijimas	02:18:16	+1:04:15.892	06:35 min/km
441	38	339	50-54	592	Sonwabo	Ngcayicibi	Male	Real Gijimas	02:18:16	+1:04:15.942	06:35 min/km
442	76	340	40-44	564	Goodwill	Stoffels	Male	Real Gijimas	02:18:16	+1:04:16.294	06:35 min/km
443	6	103	50-54	380	Karen	Watson	Female	Buffalo Road Runners EL	02:18:32	+1:04:32.213	06:35 min/km
444	25	104	40-44	5154	Oyama	Makalima	Female	Buffalo Road Runners	02:18:37	+1:04:37.365	06:36 min/km
445	5	105	55-59	124	Linda	Killeen	Female	Oxford Striders	02:18:50	+1:04:49.881	06:36 min/km
446	39	341	50-54	454	Zanoxolo	Nomatye	Male	Trendsetters	02:19:00	+1:05:00.471	06:37 min/km
447	50	342	Under 35	576	Elliot	Mshiywa	Male	MBSA	02:19:10	+1:05:10.557	06:37 min/km
448	51	343	Under 35	252	Masibulele	Nolusu	Male	Real Gijimas	02:19:21	+1:05:21.791	06:38 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
449	4	106	65-69	309	Desley	Scoltz	Female	Oxford Striders	02:19:30	+1:05:30.218	06:38 min/km
450	40	344	50-54	640	Siphiwo	Hoko	Male	None	02:19:31	+1:05:31.656	06:38 min/km
451	26	107	40-44	720	Matemane	Mxekezo	Female	None	02:19:56	+1:05:56.510	06:39 min/km
452	27	108	40-44	127	Zamela	Kiviet	Female	Overtakers	02:20:13	+1:06:13.478	06:40 min/km
453	90	345	35-39	585	Jacques	Crozier	Male	None	02:20:14	+1:06:14.089	06:40 min/km
454	12	109	45-49	412	Pamela	Mpanse	Female	Real Gijimas	02:20:21	+1:06:21.177	06:40 min/km
455	41	346	50-54	416	Fez	Ntobongwana	Male	Real Gijimas	02:20:25	+1:06:24.884	06:41 min/km
456	21	347	55-59	330	Gordon	Smith	Male	None	02:20:25	+1:06:25.763	06:41 min/km
457	13	110	45-49	119	Clorinda	Jordaan	Female	Old Mutual AC	02:20:26	+1:06:26.356	06:41 min/km
458	14	111	45-49	83	Hombakazi	Funeka	Female	Old Mutual Athletics Club - East London	02:20:27	+1:06:27.336	06:41 min/km
459	28	112	40-44	502	Nosipho	Nqwata	Female	OTHER	02:20:28	+1:06:28.625	06:41 min/km
460	42	348	50-54	471	Caine	Mdakane	Male	Correctional Services Border	02:20:44	+1:06:44.045	06:42 min/km
461	4	113	60-64	404	Maureen	Pitt	Female	Oxford Striders	02:20:45	+1:06:44.967	06:42 min/km
462	16	114	Under 35	222	Zikhona	Monakali	Female	Inyibiba Athletic Club	02:21:06	+1:07:06.509	06:43 min/km
463	15	115	45-49	730	Tarryn	Goosen	Female	None	02:21:26	+1:07:26.466	06:44 min/km
464	16	116	45-49	589	Linda	Goduka	Female	OTHER	02:21:29	+1:07:29.722	06:44 min/km
465	77	349	40-44	669	Zandisile	Nonjuzana	Male	Old Mutual AC	02:22:01	+1:08:01.258	06:45 min/km
466	29	117	40-44	687	Maureen	Thisani	Female	Old Mutual AC	02:22:07	+1:08:07.715	06:46 min/km
467	91	350	35-39	657	Sly	Dube	Male	None	02:22:08	+1:08:08.463	06:46 min/km
468	30	118	40-44	565	Marilee	Fourie	Female	Born 2 Run AC Border	02:22:11	+1:08:11.054	06:46 min/km
469	92	351	35-39	461	Thoba	Nontsonto	Male	Old Mutual AC	02:22:12	+1:08:12.519	06:46 min/km
470	93	352	35-39	467	Nkokheli	Mtshakaza	Male	MBSA	02:22:20	+1:08:20.434	06:46 min/km
471	17	119	Under 35	466	Thabisa	Mtshakazana	Female	MBSA	02:22:20	+1:08:20.664	06:46 min/km
472	43	353	50-54	661	Gavin	Anderson	Male	Born 2 Run AC Border	02:22:26	+1:08:25.922	06:46 min/km
473	44	354	50-54	561	John	Lee Sun	Male	Born 2 Run AC Border	02:22:29	+1:08:29.541	06:47 min/km
474	78	355	40-44	745	Philoni	Nadi	Male	None	02:22:33	+1:08:33.195	06:47 min/km
475	17	120	45-49	395	Dawn	Zealand	Female	Oxford Striders	02:22:33	+1:08:33.201	06:47 min/km
476	79	356	40-44	773	Thamsanga	Booi	Male	Nedbank Running Club	02:22:46	+1:08:46.468	06:47 min/km
477	11	357	60-64	9	Elvis	Basson	Male	BRAC - KWT	02:22:46	+1:08:46.640	06:47 min/km
478	38	121	35-39	772	Ntefo	Booi	Female	Nedbank Running Club	02:22:47	+1:08:47.480	06:47 min/km
479	52	358	Under 35	246	Jarryd	Niemand	Male	Oxford Striders	02:22:54	+1:08:54.143	06:48 min/km
480	45	359	50-54	306	Andre	Schoombee	Male	Born 2 Run AC Border	02:22:58	+1:08:58.720	06:48 min/km
481	7	122	50-54	174	Linda	Mangisa	Female	Old Mutual AC	02:23:00	+1:08:59.853	06:48 min/km
482	31	123	40-44	696	Annete	David Peter	Female	None	02:23:04	+1:09:04.364	06:48 min/km
483	94	360	35-39	621	Sidima	Gamedala	Male	Adventists Athletics Club	02:23:13	+1:09:13.371	06:49 min/km
484	32	124	40-44	557	Timna	Somana	Female	Oxford Striders	02:23:14	+1:09:14.278	06:49 min/km
485	53	361	Under 35	334	Andile	Soyamba	Male	Real Gijimas	02:23:15	+1:09:15.615	06:49 min/km
486	39	125	35-39	518	Queen	Rasmeni	Female	Buffalo City Municipal AC	02:23:20	+1:09:20.310	06:49 min/km
487	40	126	35-39	302	Adele	Saunders	Female	Gonubie Harriers	02:23:22	+1:09:22.076	06:49 min/km
488	54	362	Under 35	303	Anthony	Scheepers	Male	Kowie Striders	02:23:27	+1:09:27.311	06:49 min/km
489	95	363	35-39	322	Vusumuzi	Sithole	Male	MBSA	02:23:32	+1:09:31.962	06:50 min/km
490	41	127	35-39	250	Pils	Nkosi	Female	Born 2 Run AC Border	02:23:59	+1:09:59.551	06:51 min/km
491	12	364	60-64	27	Attie	Botha	Male	Oxford Striders	02:24:05	+1:10:05.168	06:51 min/km
492	42	128	35-39	59	Yandiswa	Dintsi	Female	Old Mutual AC	02:24:10	+1:10:10.643	06:51 min/km
493	18	129	45-49	359	Ncumisa	Tokwe	Female	Inyibiba Athletic Club	02:24:31	+1:10:30.866	06:52 min/km
494	33	130	40-44	251	Musa	Nkungwana	Female	Old Mutual AC	02:24:32	+1:10:32.621	06:52 min/km
495	34	131	40-44	205	Ayandiswa	Mgwebi	Female	Old Mutual Athletics Club - East London	02:24:35	+1:10:35.580	06:53 min/km
496	35	132	40-44	737	Nondumiso	Zukelwa	Female	Old Mutual AC	02:24:52	+1:10:52.442	06:53 min/km
497	19	133	45-49	701	Nombusa	Manzana	Female	University of Fort Hare Athletics Club	02:24:53	+1:10:53.229	06:53 min/km
498	36	134	40-44	370	Annelisa	Van Dyk	Female	United AC	02:24:55	+1:10:54.905	06:54 min/km
499	80	365	40-44	470	Lubabalo	Makapela	Male	Old Mutual AC	02:24:58	+1:10:58.544	06:54 min/km
500	37	135	40-44	345	Lindsey	Swart	Female	Oxford Striders	02:24:58	+1:10:58.709	06:54 min/km
501	22	366	55-59	135	Egbert	Kruse	Male	MBSA	02:25:12	+1:11:12.351	06:54 min/km
502	8	136	50-54	279	Sharon	Pirie	Female	Oxford Striders	02:25:13	+1:11:13.192	06:54 min/km
503	18	137	Under 35	128	Chantel	Kleber	Female	Oxford Striders	02:25:26	+1:11:26.107	06:55 min/km
504	55	367	Under 35	634	Ayanda	Rwayi	Male	None	02:25:30	+1:11:30.122	06:55 min/km
505	38	138	40-44	57	Maritza	Dietrichsen	Female	Oxford Striders	02:25:35	+1:11:35.061	06:55 min/km
506	81	368	40-44	569	Sabelo	Ngamlana	Male	Rainbow United Athletics Club	02:25:57	+1:11:57.698	06:55 min/km
507	19	139	Under 35	110	Andisiwe	Jack	Female	Real Gijimas	02:25:57	+1:11:57.744	06:57 min/km
508	39	140	40-44	800	Sizeka	Boqwana	Female	Buffalo City Municipal AC	02:26:11	+1:12:11.820	06:57 min/km
509	56	369	Under 35	153	Neil	Lutge	Male	None	02:26:16	+1:12:16.278	06:57 min/km
510	20	141	Under 35	413	Milisa	Mtoto	Female	Stutterheim AC	02:26:21	+1:12:21.296	06:58 min/km
511	96	370	35-39	728	Musawenkosi	Mdakane	Male	Oxford Striders	02:26:26	+1:12:26.632	06:58 min/km
512	43	142	35-39	211	Bathandwa	Mkanzi	Female	Old Mutual AC	02:26:31	+1:12:31.012	06:58 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
513	44	143	35-39	218	Zandile	Mngomeni	Female	Old Mutual Athletics Club - East London	02:26:31	+1:12:31.561	06:58 min/km
514	40	144	40-44	445	Annelize	Van Zyl	Female	East London Athletic Club	02:26:46	+1:12:46.199	06:59 min/km
515	9	145	50-54	297	Iola	Saayman	Female	Oxford Striders	02:26:51	+1:12:51.846	06:59 min/km
516	5	371	65-69	72	Fred	Ferreira	Male	Born 2 Run AC Border	02:26:55	+1:12:55.212	06:59 min/km
517	21	146	Under 35	187	Sivenathi	Matyobeni	Female	Buffalo City Municipal AC	02:26:58	+1:12:58.381	06:59 min/km
518	10	147	50-54	568	Lynne	Hawkins	Female	Oxford Striders	02:27:13	+1:13:13.230	07:00 min/km
519	20	148	45-49	726	Pumla	Mtyekwana	Female	Oxford Striders	02:27:14	+1:13:14.670	07:00 min/km
520	45	149	35-39	51	Yolisa	Daniso	Female	Eskom Athletics Club Easter Cape	02:27:20	+1:13:20.806	07:00 min/km
521	46	150	35-39	727	Buyiswa	Mdutyulwa	Female	None	02:27:27	+1:13:27.095	07:01 min/km
522	6	151	55-59	254	Nomveliso	Notyesi	Female	Old Mutual AC	02:27:31	+1:13:31.369	07:01 min/km
523	21	152	45-49	29	Lee-Anne	Botha	Female	Oxford Striders	02:27:41	+1:13:41.279	07:01 min/km
524	22	153	Under 35	148	Siyamthanda	Loni	Female	Nedbank Running Club	02:27:45	+1:13:45.376	07:02 min/km
525	82	372	40-44	283	Heath	Potgieter	Male	D.H.S.O.B	02:28:00	+1:13:59.986	07:02 min/km
526	13	373	60-64	39	Andrew	Chaloner	Male	Oxford Striders	02:28:00	+1:14:00.496	07:02 min/km
527	47	154	35-39	725	Amanela	Hobana	Female	Buffalo City Municipal AC	02:28:03	+1:14:03.441	07:03 min/km
528	11	155	50-54	140	Karen	Land	Female	Born 2 Run AC Border	02:28:08	+1:14:08.227	07:03 min/km
529	23	374	55-59	141	Wayne	Land	Male	Born 2 Run AC Border	02:28:09	+1:14:09.078	07:03 min/km
530	12	156	50-54	374	Michelle	Venter	Female	Oxford Striders	02:28:10	+1:14:10.074	07:03 min/km
531	48	157	35-39	206	Akhona	Mhlakaza	Female	Nedbank Running Club East London	02:28:22	+1:14:22.455	07:03 min/km
532	22	158	45-49	60	Zandile	Dlova	Female	Buffalo City Municipal AC	02:28:23	+1:14:23.193	07:03 min/km
533	97	375	35-39	392	Thabo	Yonto	Male	Old Mutual AC	02:28:24	+1:14:24.509	07:04 min/km
534	41	159	40-44	604	Sherleen	Lottering	Female	Oxford Striders	02:28:31	+1:14:30.867	07:04 min/km
535	49	160	35-39	631	Nombeko	Gqetywa	Female	Buffalo City Municipal AC	02:28:34	+1:14:34.042	07:04 min/km
536	42	161	40-44	520	Zimasa	Lindi	Female	Inyibiba Athletic Club	02:28:38	+1:14:38.530	07:04 min/km
537	46	376	50-54	637	Mike	Matiwane	Male	Inyibiba Athletic Club	02:29:08	+1:15:08.560	07:06 min/km
538	57	377	Under 35	537	Sheldon	Botha	Male	Old Selbornian Road Runners	02:29:21	+1:15:21.019	07:06 min/km
539	13	162	50-54	547	Elsa	Jacobs	Female	Nedbank Running Club	02:30:06	+1:16:06.848	07:08 min/km
540	14	163	50-54	10	Lize	Basson	Female	Oxford Striders	02:30:12	+1:16:12.073	07:09 min/km
541	54	378	45-49	156	Ian	Mackay	Male	Gonubie Harriers	02:30:19	+1:16:19.665	07:09 min/km
542	43	164	40-44	517	Nomfundo	Pepani Bunu	Female	Buffalo City Municipal AC	02:30:47	+1:16:47.708	07:10 min/km
543	47	379	50-54	94	Craig	Gordon	Male	Oxford Striders	02:30:50	+1:16:49.925	07:10 min/km
544	44	165	40-44	194	Ingrid	Meaker-Dewing	Female	Nedbank Running Club	02:30:53	+1:16:53.253	07:11 min/km
545	50	166	35-39	208	Clare	Miles	Female	Nedbank Running Club	02:30:53	+1:16:53.325	07:11 min/km
546	45	167	40-44	685	Tandiwe	Zim	Female	Overtakers Sports Club	02:31:05	+1:17:05.501	07:11 min/km
547	46	168	40-44	769	Salome	Twaise	Female	None	02:31:11	+1:17:11.156	07:11 min/km
548	47	169	40-44	93	Soraya	Gonslin	Female	Old Mutual AC	02:31:17	+1:17:17.515	07:12 min/km
549	23	170	Under 35	81	Tania	Francis	Female	Oxford Striders	02:31:18	+1:17:18.850	07:12 min/km
550	48	171	40-44	354	Tanya	Timms	Female	Old Selbornians	02:31:19	+1:17:19.474	07:12 min/km
551	55	380	45-49	229	Siviwe	Mtala	Male	Born 2 Run AC Border	02:31:20	+1:17:20.701	07:12 min/km
552	24	172	Under 35	693	Zikhona	Mahlaza	Female	Overtakers Sports Club	02:31:32	+1:17:32.333	07:12 min/km
553	98	381	35-39	770	Trevor	Browne	Male	Oxford Striders	02:31:38	+1:17:38.846	07:13 min/km
554	49	173	40-44	526	Verulyn	Helbrecht	Female	Gonubie Harriers	02:32:12	+1:18:12.068	07:14 min/km
555	25	174	Under 35	80	Samantha	Francis	Female	Oxford Striders	02:32:13	+1:18:13.255	07:14 min/km
556	50	175	40-44	573	Zikhona	Mtshaza-Madyira	Female	BRAC - KWT	02:32:18	+1:18:18.786	07:15 min/km
557	51	176	40-44	117	Linda	Jones	Female	Nedbank Running Club East London	02:32:30	+1:18:30.055	07:15 min/km
558	83	382	40-44	118	Wayne	Jones	Male	Nedbank Running Club East London	02:32:30	+1:18:30.374	07:15 min/km
559	23	177	45-49	281	Lorraine	Pook	Female	East London Athletic Club	02:33:08	+1:19:08.057	07:17 min/km
560	24	178	45-49	292	Annetjie	Rogers	Female	East London Pacers	02:33:14	+1:19:14.734	07:17 min/km
561	51	179	35-39	19	Michelle	Bernstein	Female		02:33:23	+1:19:23.091	07:18 min/km
562	15	180	50-54	556	Christine	Roux	Female	Oxford Striders	02:33:24	+1:19:24.472	07:18 min/km
563	26	181	Under 35	504	Thalita	Magani	Female	MBSA	02:33:25	+1:19:25.583	07:18 min/km
564	52	182	40-44	42	Bronwyn	Claridge	Female	Oxford Striders	02:33:29	+1:19:29.484	07:18 min/km
565	27	183	Under 35	511	Siyamthanda	Jafta	Female	Old Mutual AC	02:33:37	+1:19:37.511	07:18 min/km
566	84	383	40-44	138	Jan	Labuschagne	Male	Old Selbornians	02:33:40	+1:19:40.697	07:19 min/km
567	28	184	Under 35	712	Melany	Leach	Female	Nedbank Running Club	02:33:41	+1:19:41.073	07:19 min/km
568	16	185	50-54	777	Helen	Nel	Female	MBSA	02:33:44	+1:19:44.230	07:19 min/km
569	53	186	40-44	719	Luleka	Tyumbe	Female	None	02:33:44	+1:19:44.395	07:19 min/km
570	54	187	40-44	437	Linda	Bhengu	Female	OTHER	02:33:51	+1:19:51.632	07:19 min/km
571	29	188	Under 35	753	Nosindiso	Matshalilanga	Female	BRAC - KWT	02:33:53	+1:19:53.267	07:19 min/km
572	30	189	Under 35	351	Lindse	Tessendorf	Female	Oxford Striders	02:33:57	+1:19:56.869	07:19 min/km
573	7	190	55-59	350	Karen	Tessendorf	Female	Oxford Striders	02:33:58	+1:19:58.649	07:19 min/km
574	52	191	35-39	55	Tanzi	De Wet	Female	Oxford Striders	02:34:08	+1:20:08.070	07:20 min/km
575	14	384	60-64	66	Louis	Ehrke	Male	Nedbank Running Club	02:34:24	+1:20:24.659	07:21 min/km
576	31	192	Under 35	652	Zanele	Konza	Female	Old Mutual AC	02:34:30	+1:20:29.926	07:21 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
577	58	385	Under 35	278	Travis	Pike	Male	Oxford Striders	02:34:41	+1:20:41.268	07:21 min/km
578	32	193	Under 35	182	Nwabisa	Mashicila	Female	None	02:34:52	+1:20:52.146	07:22 min/km
579	55	194	40-44	137	Zimbini	Labase	Female	Eskom Athletics Club Eastern Cape	02:34:58	+1:20:58.252	07:22 min/km
580	56	195	40-44	363	Nanji	Tshakumane	Female	MBSA	02:35:16	+1:21:15.887	07:23 min/km
581	33	196	Under 35	574	Pumza	Duba	Female	Overtakers Sports Club	02:35:18	+1:21:18.218	07:23 min/km
582	6	386	65-69	688	Glad	Mhlaba	Male	Old Selbornian Road Runners	02:35:23	+1:21:23.776	07:23 min/km
583	34	197	Under 35	575	Qaqamba	Damane	Female	Overtakers Sports Club	02:35:26	+1:21:26.556	07:24 min/km
584	53	198	35-39	462	Randy	Malingwane	Female	Old Mutual AC	02:35:28	+1:21:28.230	07:24 min/km
585	8	199	55-59	353	Debbie	Thoresen	Female	Oxford Striders	02:35:44	+1:21:44.279	07:24 min/km
586	57	200	40-44	160	Nomthunzi	Mafu	Female	Old Mutual Athletics Club - East London	02:35:46	+1:21:46.839	07:25 min/km
587	59	387	Under 35	405	Zukisa	Madubedube	Male	Balekeni	02:36:19	+1:22:19.476	07:26 min/km
588	56	388	45-49	583	Tumani	Sifile	Male	None	02:36:20	+1:22:20.065	07:26 min/km
589	17	201	50-54	679	Bukelwa	Haya	Female	MBSA	02:36:25	+1:22:25.809	07:26 min/km
590	35	202	Under 35	367	Zimkhitha	Twala	Female	BRAC - KWT	02:36:28	+1:22:28.580	07:27 min/km
591	18	203	50-54	329	Nickolien	Smalberger	Female		02:37:08	+1:23:08.801	07:28 min/km
592	54	204	35-39	463	Nyameka	Mnqangeni	Female	Old Mutual AC	02:37:29	+1:23:29.092	07:29 min/km
593	99	389	35-39	418	Kuhle	Mbuku	Male	Eskom Athletics Club Eastern Cape	02:37:31	+1:23:31.600	07:30 min/km
594	85	390	40-44	54	Greg	De Wet	Male	Oxford Striders	02:37:48	+1:23:48.264	07:30 min/km
595	25	205	45-49	349	Nicky	Terblanche	Female	Oxford Striders	02:37:48	+1:23:48.693	07:30 min/km
596	9	206	55-59	24	Shelly	Blane	Female	Oxford Striders	02:37:53	+1:23:53.372	07:31 min/km
597	58	207	40-44	92	Zanele	Goni	Female	Old Mutual Athletics Club - East London	02:37:56	+1:23:56.635	07:31 min/km
598	55	208	35-39	478	Thembeke	Deliwe	Female	Nedbank Running Club	02:37:56	+1:23:56.692	07:31 min/km
599	59	209	40-44	406	Siyanda	Magadla	Female	Old Mutual AC	02:37:56	+1:23:56.740	07:31 min/km
600	36	210	Under 35	732	Olwethu	X	Female	Old Mutual AC	02:37:56	+1:23:56.756	07:31 min/km
601	57	391	45-49	468	Simpiwe	Kotta	Male	MBSA	02:37:57	+1:23:57.122	07:31 min/km
602	37	211	Under 35	775	Nwabisa	Gcelu	Female	Real Gijimas	02:38:11	+1:24:11.416	07:31 min/km
603	5	212	60-64	290	Marietjie	Robb	Female	Kowie Striders	02:38:39	+1:24:39.027	07:33 min/km
604	60	392	Under 35	594	Mbasa	Mbali	Male	Real Gijimas	02:39:14	+1:25:13.854	07:34 min/km
605	56	213	35-39	581	Zukiswa	Dzila	Female	Nedbank Running Club	02:39:29	+1:25:29.501	07:35 min/km
606	57	214	35-39	323	Yanga	Sithole	Female	MBSA	02:39:34	+1:25:34.294	07:35 min/km
607	58	393	45-49	381	Deg	Westgate	Male		02:39:43	+1:25:43.494	07:36 min/km
608	38	215	Under 35	535	Asithandile	Wana	Female	Real Gijimas	02:39:59	+1:25:59.719	07:37 min/km
609	26	216	45-49	43	Mandy	Clark	Female	Oxford Striders	02:40:03	+1:26:02.868	07:37 min/km
610	60	217	40-44	108	Mathilda	Humphreys	Female		02:40:08	+1:26:08.291	07:37 min/km
611	27	218	45-49	382	Juanita	Westgate	Female		02:40:09	+1:26:09.731	07:37 min/km
612	39	219	Under 35	192	Phiwokuhle	Mbuto-Ngantweni	Female	Mercedes Benz Athletics Club	02:40:22	+1:26:22.143	07:38 min/km
613	40	220	Under 35	400	Saneziwe	Baduza	Female	Old Mutual AC	02:40:45	+1:26:45.729	07:39 min/km
614	10	221	55-59	428	Deidre	Rohland	Female	None	02:40:46	+1:26:45.917	07:39 min/km
615	41	222	Under 35	107	Lizelle	Human	Female		02:41:10	+1:27:10.031	07:40 min/km
616	42	223	Under 35	385	Georgina	Witbooi	Female	Oxford Striders	02:41:15	+1:27:15.707	07:40 min/km
617	28	224	45-49	519	Nombulelo	Bongco	Female	Inyibiba Athletic Club	02:41:20	+1:27:20.317	07:40 min/km
618	58	225	35-39	656	Quekeza	Kave	Female	None	02:41:25	+1:27:25.697	07:41 min/km
619	61	226	40-44	219	Bongiwe	Mnqokoyi	Female	Old Mutual Athletics Club - East London	02:41:41	+1:27:41.545	07:41 min/km
620	62	227	40-44	260	Mandisa	Ntlantsana	Female	Inyibiba Athletics Club	02:41:45	+1:27:45.458	07:42 min/km
621	24	394	55-59	713	Brighton	Muzondo	Male	None	02:41:46	+1:27:45.945	07:42 min/km
622	59	228	35-39	641	Noluvuyo	Nanto	Female	Old Mutual AC	02:42:13	+1:28:13.604	07:43 min/km
623	48	395	50-54	642	Makaya	Dungu	Male	Old Mutual AC	02:42:19	+1:28:19.671	07:43 min/km
624	59	396	45-49	752	Hlubi	Singama	Male	Old Mutual AC	02:42:19	+1:28:19.761	07:43 min/km
625	63	229	40-44	751	Sisipho	Singama	Female	Old Mutual AC	02:42:20	+1:28:19.851	07:43 min/km
626	60	230	35-39	220	Nolufefe	Mnwana	Female	Real Gijimas	02:42:32	+1:28:32.735	07:44 min/km
627	15	397	60-64	248	Thayn	Niemand	Male	Oxford Striders	02:42:52	+1:28:52.203	07:45 min/km
628	64	231	40-44	214	Nomveliso	Mkono	Female	Correctional Services Border	02:43:05	+1:29:05.425	07:45 min/km
629	19	232	50-54	619	Vuyo	Zitumane	Female	Real Gijimas	02:43:08	+1:29:08.286	07:46 min/km
630	65	233	40-44	678	Pumeza	Dingiswabo	Female	Old Mutual AC	02:43:28	+1:29:28.399	07:47 min/km
631	43	234	Under 35	5163	Zandile	Sihawu	Female	None	02:43:28	+1:29:28.536	07:47 min/km
632	11	235	55-59	336	Amorien	Stander	Female	Old Selbornians	02:44:10	+1:30:10.029	07:49 min/km
633	20	236	50-54	343	Tracey	Strydom	Female		02:44:10	+1:30:10.284	07:49 min/km
634	61	237	35-39	440	Ntombekaya	Molose	Female	None	02:44:49	+1:30:49.056	07:50 min/km
635	44	238	Under 35	301	Noxolo	Sanayi	Female	Old Mutual Athletics Club - East London	02:45:09	+1:31:08.997	07:51 min/km
636	62	239	35-39	125	Pumla	Kiswa	Female	Nedbank Running Club East London	02:45:31	+1:31:31.246	07:52 min/km
637	16	398	60-64	285	Cyril	Prinsloo	Male	None	02:45:33	+1:31:33.498	07:53 min/km
638	45	240	Under 35	105	Nicole	Hollis Harvett	Female	University of Fort Hare Athletics Club	02:45:35	+1:31:35.796	07:53 min/km
639	12	241	55-59	200	Sheena	Mentz	Female	University of Fort Hare Athletics Club	02:45:36	+1:31:36.279	07:53 min/km
640	2	399	70-74	15	Brian	Beling	Male	Gonubie Harriers	02:45:39	+1:31:39.718	07:53 min/km



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Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
641	63	242	35-39	506	Thozama	Mduba	Female	Adventists Athletics Club	02:45:39	+1:31:39.827	07:53 min/km
642	21	243	50-54	247	Sharon	Niemand	Female	Oxford Striders	02:45:54	+1:31:54.440	07:54 min/km
643	64	244	35-39	717	Babalwa	Mbangeleli	Female	Old Mutual AC	02:46:26	+1:32:26.601	07:55 min/km
644	66	245	40-44	217	Zoliswa	Mncameni	Female	None	02:46:31	+1:32:30.872	07:55 min/km
645	86	400	40-44	771	Veekay	Ndamase	Male	BRAC - KWT	02:46:52	+1:32:52.718	07:56 min/km
646	13	246	55-59	410	Maryann	Luyt	Female	Oxford Striders	02:46:59	+1:32:59.201	07:57 min/km
647	6	247	60-64	169	Kalavati	Makan	Female	East London Athletic Club	02:46:59	+1:32:59.555	07:57 min/km
648	67	248	40-44	402	Nompucuko	Badi	Female	Old Mutual AC	02:47:04	+1:33:04.133	07:57 min/km
649	65	249	35-39	22	Sarita	Bhattarai	Female	Oxford Striders	02:47:08	+1:33:08.817	07:57 min/km
650	66	250	35-39	548	Nosimo	Mbixane	Female	Old Mutual AC	02:47:25	+1:33:25.304	07:58 min/km
651	87	401	40-44	121	Mava	Kakana	Male	Adventists Athletics Club	02:47:33	+1:33:33.400	07:58 min/km
652	88	402	40-44	228	Philani	Moyo	Male	Nedbank Running Club East London	02:48:02	+1:34:02.149	08:00 min/km
653	68	251	40-44	230	Nolubabalo	Mtshakazi	Female	Old Mutual Athletics Club - East London	02:48:03	+1:34:03.266	08:00 min/km
654	46	252	Under 35	58	Minentle	Dinga	Female	Eskom Athletics Club Eastern Cape	02:48:04	+1:34:04.306	08:00 min/km
655	67	253	35-39	501	Tabisa	Bangani	Female	Eskom Athletics Club Eastern Cape	02:49:15	+1:35:14.987	08:03 min/km
656	100	403	35-39	25	Andrew	Bolman	Male	Old Mutual AC	02:49:19	+1:35:19.017	08:03 min/km
657	47	254	Under 35	63	Simbongile	Dyanty	Female	Nedbank Running Club	02:49:41	+1:35:41.227	08:04 min/km
658	22	255	50-54	170	Thandeka	Makha	Female	Old Mutual Athletics Club - East London	02:49:42	+1:35:42.621	08:04 min/km
659	69	256	40-44	586	Vuyolwethu	Gadu	Female	Old Mutual AC	02:49:43	+1:35:43.592	08:04 min/km
660	48	257	Under 35	448	Zanda	Mkile	Female	Old Mutual AC	02:49:56	+1:35:56.583	08:05 min/km
661	68	258	35-39	632	Nontembiso	Mpongo	Female	Oxford Striders	02:50:07	+1:36:07.597	08:06 min/km
662	29	259	45-49	91	Bukiwe	Gogi	Female	Oxford Striders	02:50:27	+1:36:26.944	08:06 min/km
663	49	260	Under 35	393	Thandile	Zakhe	Female	Real Gijimas	02:50:37	+1:36:37.552	08:07 min/km
664	5	261	65-69	238	Helene	Nel	Female	East London Pacers	02:51:01	+1:37:00.952	08:08 min/km
665	7	262	60-64	300	Margret Janette	Samauls	Female	Old Mutual Athletics Club - East London	02:51:02	+1:37:02.348	08:08 min/km
666	70	263	40-44	399	Neziswa	Dwanya	Female	Old Mutual AC	02:51:46	+1:37:45.980	08:10 min/km
667	50	264	Under 35	64	Brenda	Dyubeni	Female	Old Mutual Athletics Club - East London	02:51:49	+1:37:48.950	08:10 min/km
668	30	265	45-49	318	Lulama	Sigonyela	Female	Old Mutual AC	02:51:51	+1:37:51.027	08:10 min/km
669	51	266	Under 35	766	Karyn	Leibach	Female	Oxford Striders	02:51:51	+1:37:51.307	08:10 min/km
670	31	267	45-49	449	Sindiswa	Nomnganga	Female	Inyibiba Athletic Club	02:52:00	+1:38:00.532	08:11 min/km
671	69	268	35-39	378	Xolelwa	Vuba	Female		02:52:21	+1:38:21.330	08:12 min/km
672	3	404	70-74	3	Jimmy	Ainslie	Male	Gonubie Harriers	02:52:27	+1:38:27.105	08:12 min/km
673	70	269	35-39	215	Viwe	Mlauli	Female	Adventists Athletics Club	02:52:38	+1:38:38.477	08:13 min/km
674	71	270	35-39	195	Zintle	Melitafa	Female	MBSA	02:53:25	+1:39:25.494	08:15 min/km
675	25	405	55-59	620	Phumzile	Zitumane	Male	Real Gijimas	02:53:40	+1:39:40.075	08:16 min/km
676	32	271	45-49	474	Lilly	Whitehead	Female	Oxford Striders	02:54:06	+1:40:06.347	08:17 min/km
677	14	272	55-59	231	Rene	Murdoch	Female	Oxford Striders	02:54:13	+1:40:13.756	08:17 min/km
678	33	273	45-49	265	Bongi	Nyengane	Female	Nedbank Running Club East London	02:54:13	+1:40:13.848	08:17 min/km
679	15	274	55-59	185	Nolita	Matshingana	Female	Oxford Striders	02:54:22	+1:40:22.789	08:18 min/km
680	60	406	45-49	434	Xolani	Xakeka	Male	United AC	02:54:23	+1:40:22.921	08:18 min/km
681	61	407	Under 35	212	Mpumzi	Mkanzi	Male	Old Mutual AC	02:54:52	+1:40:52.029	08:19 min/km
682	71	275	40-44	681	Lwandlekazi	Mhaga	Female	Old Mutual AC	02:55:27	+1:41:27.097	08:21 min/km
683	52	276	Under 35	682	Khanyo	Malayshe	Female	Overtakers Sports Club	02:55:27	+1:41:27.181	08:21 min/km
684	72	277	40-44	516	Xoliswa	Qwayiza	Female	Buffalo City Municipal AC	02:56:02	+1:42:02.796	08:22 min/km
685	34	278	45-49	541	Nolitha	Matshikwe	Female	Old Mutual AC	02:56:04	+1:42:04.202	08:23 min/km
686	53	279	Under 35	582	Lungelwa	Mpatswa	Female	Real Gijimas	02:56:12	+1:42:12.207	08:23 min/km
687	72	280	35-39	579	Nolundi	Breakfast	Female	Buffalo City Municipal AC	02:56:14	+1:42:14.432	08:23 min/km
688	101	408	35-39	580	Sipho	Breakfast	Male	Buffalo City Municipal AC	02:56:14	+1:42:14.436	08:23 min/km
689	73	281	35-39	120	Evette	Joubert	Female	University of Fort Hare Athletics Club	02:56:35	+1:42:35.438	08:24 min/km
690	35	282	45-49	567	Nomsa	Kinase	Female	Real Gijimas	02:57:05	+1:43:05.841	08:25 min/km
691	54	283	Under 35	327	Asanda	Skwebu	Female	Real Gijimas	02:57:06	+1:43:05.973	08:25 min/km
692	74	284	35-39	288	Sharne Jade	Richter	Female	Oxford Striders	02:58:06	+1:44:06.647	08:28 min/km
693	102	409	35-39	417	Gugulethu	Mbuku	Male	Eskom Athletics Club Eastern Cape	02:58:33	+1:44:33.508	08:30 min/km
694	61	410	45-49	615	Sifisi	Ntshangase	Male	None	02:58:42	+1:44:42.579	08:30 min/km
695	73	285	40-44	447	Tabisa	Jadezwi	Female	None	02:58:46	+1:44:45.958	08:30 min/km
696	55	286	Under 35	481	Ongeziwe	Pula	Female	Nedbank Running Club	02:58:54	+1:44:54.572	08:31 min/km
697	89	411	40-44	452	Mcebisi	Pieter	Male	Real Gijimas	02:59:07	+1:45:07.820	08:31 min/km
698	26	412	55-59	352	Arthur	Thoresen	Male	Oxford Striders	02:59:22	+1:45:22.548	08:32 min/km
699	74	287	40-44	407	Mabentsela	Pamela	Female	Adventists Athletics Club	02:59:32	+1:45:32.298	08:32 min/km
700	75	288	35-39	233	Sindi	Mvani	Female	Fat Cats A/C Border	02:59:32	+1:45:32.647	08:32 min/km
701	75	289	40-44	533	Zukiswa	Pethu	Female	Inyibiba Athletic Club	02:59:42	+1:45:42.439	08:33 min/km
702	76	290	40-44	116	Phumeza	Jonas	Female	Inyibiba Athletics Club	03:00:19	+1:46:19.216	08:35 min/km
703	36	291	45-49	617	Barbara	Shangwa	Female	None	03:01:19	+1:47:19.487	08:38 min/km
704	37	292	45-49	618	Brenda	Mdlalo	Female	OTHER	03:02:17	+1:48:17	08:40 min/km

Pos.	Cat.Pos.	Gen.Pos.	Cat.	No.	Name	Surname	Gen.	Club	Time	Diff.	Pace
705	76	293	35-39	311	Mamorena	Septhosi	Female	Old Mutual Athletics Club - East London	03:02:23	+1:48:22.987	08:41 min/km
706	38	294	45-49	362	Gail	Trollip	Female	Oxford Striders	03:02:23	+1:48:23.274	08:41 min/km
707	77	295	40-44	528	Nwabisa	Mhlana-Mbiza	Female	Old Mutual AC	03:03:41	+1:49:41.797	08:44 min/km
708	56	296	Under 35	183	Thembakazi	Mati	Female	Nedbank Running Club East London	03:05:20	+1:51:20.680	08:49 min/km
709	62	413	Under 35	67	Ludwig	Ehrke	Male	None	03:05:22	+1:51:22.705	08:49 min/km
710	78	297	40-44	196	Lita	Memani	Female	Old Mutual Athletics Club - East London	03:06:21	+1:52:21.566	08:52 min/km
711	77	298	35-39	151	Boniswa	Lurwayi	Female	Nedbank Running Club	03:06:31	+1:52:31.515	08:52 min/km
712	49	414	50-54	161	Phila	Magadla	Male	Old Mutual AC	03:06:33	+1:52:33.304	08:52 min/km
713	79	299	40-44	324	Ntombizodwa	Siyapi	Female	Old Mutual Athletics Club - East London	03:06:34	+1:52:34.258	08:53 min/km
714	57	300	Under 35	450	Nande	Matshaya	Female	Inyibiba Athletic Club	03:08:46	+1:54:46.702	08:59 min/km
715	78	301	35-39	365	Asanda	Tshikika	Female	Inyibiba Athletic Club	03:08:54	+1:54:54.825	08:59 min/km
716	79	302	35-39	538	Zukelwa	Nkohla	Female	None	03:09:20	+1:55:19.956	09:00 min/km
717	80	303	35-39	744	Zoliswa	Galo	Female	None	03:09:28	+1:55:28.801	09:01 min/km
718	81	304	35-39	35	Kerry	Brophy	Female	Oxford Striders	03:10:01	+1:56:00.901	09:02 min/km
719	16	305	55-59	267	Lee	Oberem	Female	Oxford Striders	03:10:02	+1:56:02.028	09:02 min/km
720	80	306	40-44	486	Zukiswa	Booi	Female	None	03:10:33	+1:56:33.456	09:04 min/km
721	23	307	50-54	790	Khululwa	Kotobe	Female	None	03:11:12	+1:57:12.617	09:06 min/km
722	58	308	Under 35	646	Alude	Kweza	Female	Adventists Athletics Club	03:12:39	+1:58:38.983	09:10 min/km
723	81	309	40-44	364	Nosisa	Tshika	Female	Eskom Athletics Club Easter Cape	03:13:16	+1:59:16.804	09:12 min/km
724	24	310	50-54	310	Moira	Scott	Female	East London Pacers	03:13:23	+1:59:22.898	09:12 min/km
725	25	311	50-54	280	Michelle	Pitcher	Female	East London Pacers	03:13:23	+1:59:23.797	09:12 min/km
726	17	312	55-59	337	Sharon	Stap	Female	East London Pacers	03:13:24	+1:59:24.013	09:12 min/km
727	18	313	55-59	295	Sindiswa	Rubushe	Female	Nedbank Running Club	03:13:43	+1:59:43.480	09:13 min/km
728	59	314	Under 35	76	Tarryn	Forsyth	Female	Oxford Striders	03:13:44	+1:59:44.183	09:13 min/km
729	82	315	40-44	172	Yolanda	Malunga	Female	Real Gijimas	03:14:15	+2:00:14.858	09:14 min/km
730	1	415	75+	240	Jean	Nepgen	Male	Kowie Striders	03:15:34	+2:01:33.954	09:18 min/km
731	60	316	Under 35	663	Yandisa	Mbekile	Female	MBSA	03:15:35	+2:01:35.456	09:18 min/km
732	8	317	60-64	56	Nokwanda	Didiza	Female	Old Mutual AC	03:16:45	+2:02:45.693	09:22 min/km
733	61	318	Under 35	282	Sandisiwe	Poswayo	Female	Adventists Athletics Club	03:16:46	+2:02:46.677	09:22 min/km
734	83	319	40-44	5164	Tabisa	Soywedla	Female	None	03:16:46	+2:02:46.679	09:22 min/km
735	82	320	35-39	53	Natasha	De Cruz	Female	ESKOM	03:16:56	+2:02:56.339	09:22 min/km
736	19	321	55-59	313	Sharon	Shadwell	Female	Oxford Striders	03:19:10	+2:05:09.902	09:29 min/km
737	83	322	35-39	305	Mary-Lou	Scholtz	Female	Oxford Striders	03:19:10	+2:05:10.131	09:29 min/km
738	84	323	35-39	415	Nwabisa	Rubu	Female	None	03:20:51	+2:06:51.151	09:33 min/km
739	26	324	50-54	655	Nomfusi	Ngqondela	Female	None	03:21:17	+2:07:16.928	09:35 min/km
740	62	325	Under 35	398	Pelokazi	Maqaqa	Female	Adventists Athletics Club	03:21:43	+2:07:43.637	09:36 min/km
741	39	326	45-49	191	Vuyiswa	Mbuqe	Female	Eskom Athletics Club Eastern Cape	03:22:26	+2:08:25.959	09:38 min/km
742	63	327	Under 35	689	Sinazo	Stofile	Female	None	03:22:37	+2:08:37.428	09:38 min/km
743	7	416	65-69	293	Smartyk	Rossouw	Male	Old Mutual Athletics Club - East London	03:27:26	+2:13:26.498	09:52 min/km
744	84	328	40-44	335	Mary	Spurdzins	Female	None	03:29:42	+2:15:42.358	09:59 min/km
745	64	329	Under 35	5159	Nosphiwo	Mlotywa	Female	None	03:29:46	+2:15:46.450	09:59 min/km
746	85	330	35-39	184	Thabisa	Matshikwe	Female	Correctional Services Border	03:29:46	+2:15:46.792	09:59 min/km
747	85	331	40-44	209	Pumeza	Mingaye	Female	Adventists Athletics Club	03:32:15	+2:18:15.461	10:06 min/km
748	86	332	40-44	71	Mariri	Feni	Female	None	03:33:47	+2:19:47.088	10:10 min/km